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Fri	25th	Nov	-	-	SOLD OUT	Tue	13th	Dec	£39.50	£47.40	Exclusive Hire
Sat	26th	Nov	£47.50	£57.00	Limited Places	Wed	14th	Dec	£45.00	£54.00	Exclusive Hire
Thu	1st	Dec	-	-	RESERVED	Thu	15th	Dec	£48.50	£58.20	Mixed Group
Fri	2nd	Dec	£57.50	£69.00	Mixed Group	Fri	16th	Dec	-	-	SOLD OUT
Sat	3rd	Dec	£57.50	£69.00	Mixed Group	Sat	17th	Dec	£59.50	£71.40	Mixed Group
Thu	8th	Dec	-	-	RESERVED	Sun	18th	Dec	£39.50	£47.40	Exclusive Hire
Fri	9th	Dec	£59.50	£71.40	Mixed Group	Mon	19th	Dec	£39.50	£47.40	Exclusive Hire
Sat	10th	Dec	£59.50	£71.40	Limited Places	Tue	20th	Dec	£39.50	£47.40	Exclusive Hire
Sun	11th	Dec	£39.50	£47.40	Mixed Group	Wed	21st	Dec	£45.00	£54.00	Mixed Group

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DAWN Allen of The Henry Allen Trust – OneMK's charity of the year – is calling on everyone to Glow Gold and raise awareness of childhood cancer.

■ Read more on page 25



Adam goes back to nature

SEE PAGE 18

# Lightning bolt boots tenants from homes

BY CHRIS KNIGHT  
chris.knight@onemk.co.uk

**EVACUATED** tenants have been left homeless after lightning struck a three-storey block of flats.

A hole was blown in the roof of the building in Hauksbee Gardens, Shenley Lodge, and debris was showered on to the street during a storm on Saturday afternoon.

Firefighters evacuated residents and cordoned off the building, which has had its gas and electricity supply turned off, and work is now under-

way on ensuring the flats are safe to return to.

Nick Rainey, 42, a flat resident, was returning from the centre:mk during the storm. He said: "I was driving in to the street as lightning struck and it was so loud I thought it struck my car. "I calmed myself and then realised it was my home that had been hit."

"It was lucky – 99 per cent of the debris landed in the only two empty parking spaces by the building."

Anger is mounting at CDS Co-Operative, which is responsible for the flats, after residents were una-

ble to make contact for more than 48 hours after the lightning strike.

Tenants stayed with friends, family, and even in their cars, until temporary accommodation was arranged at a nearby hotel on Sunday by ward councillor Chris Williams.

One resident has remained in the flat despite safety advice because they have a pet and the nearest suitable accommodation is in Aylesbury.

He slammed the housing association, saying: "I find it very difficult to believe that it was not possible to contact them simply because it was a

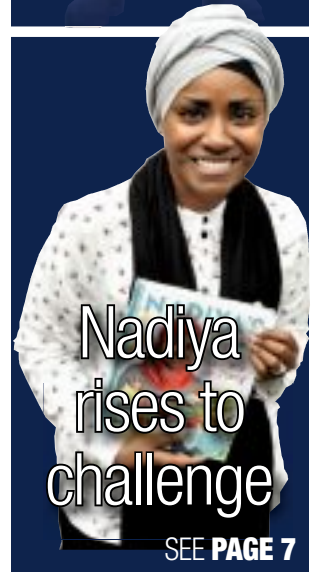
bank holiday weekend."

At the time of going to press a contractor was working to secure the roof and a structural engineer was due to assess the block of flats.

A spokesman for CDS Co-Operative said: "We have an out of hours service and we've been told calls were not put through."

"We don't understand why that is and are currently investigating."

"At the moment, our focus is on the tenants and their welfare. We want to assess the building and work towards getting everyone back in their homes."



Nadiya rises to challenge

SEE PAGE 7

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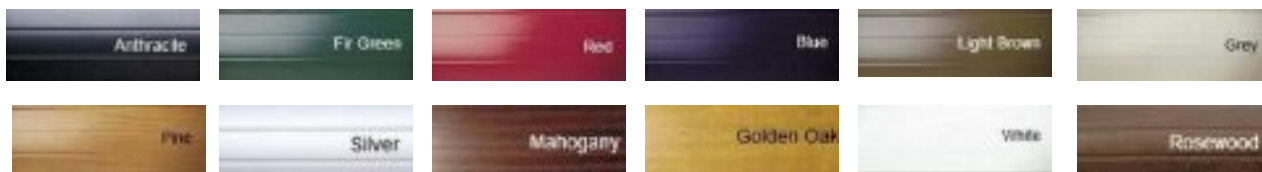


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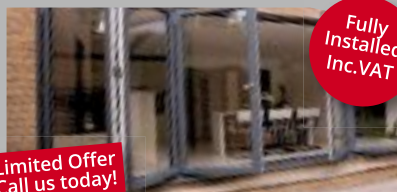
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Justice: Thomas Morris, inset, and with his older brother Benjamin and parents Ralph and Jacqueline Boyle

# 'We want justice for our Thomas'

BY CHRIS KNIGHT

chris.knight@onemk.co.uk

**THE family of a prisoner who committed suicide at HMP Woodhill is demanding answers after another inmate was found dead.**

David Rayner, 41, was found unresponsive on Thursday and became the 16th to die at Woodhill since 2013, and the third in just the last three months.

Thomas Morris, 31, from Emberton, took his life at the prison on June 26 and his family believe the latest death shows no lessons have been learned.

They said: "We fear that if immediate action is not taken, more lives are going to be lost at Woodhill."

"We cannot bring him back, but we can fight for him and we will fight until the very end."

"Thomas will not die in vain, we will

not give up until questions are answered and action is taken. Thomas was sent to prison for justice, so why shouldn't he get justice?"

Thomas had been jailed for shoplifting and his family claim this was due to an addiction to a Class A drug for which he required support.

The family added: "Thomas needed help and he was failed badly."

"If the prison cannot provide sufficient care for vulnerable people then they should not be in prison – they need rehabilitation."

A Ministry of Justice spokesman confirmed the investigation into the death is ongoing.

Speaking on the latest death, a Prison Service spokesman added: "As with all deaths in custody there will be an investigation by the independent Prisons and Probation Ombudsman."

## Plea to fund homeless solution

MILTON Keynes Council has asked the new Housing Minister for funding towards a new scheme that could provide much-needed accommodation for dozens of homeless families.

Council leader Pete Marland has written to Gavin Barwell seeking a

one-off investment of about £2million to help with the costs of a new local facility.

If it gets the go-ahead – and the funding – the scheme could incorporate more than 50 units to provide temporary accommodation for homeless

families and vulnerable people.

To tackle the growing homelessness crisis, the council is also working with partners to provide a 'one stop shop' style service and ways to supply emergency support and short-term shelter for those in need.

## Corrections & complaints

If we have published anything that is factually inaccurate, please contact the editor, Cally Jenkins on (01908) 689595, via email at [letters@onemk.co.uk](mailto:letters@onemk.co.uk) or post to: The Editor, OneMK, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU and, once verified, we will correct it as soon as possible.

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## Sandal-wearing former smoker to run 100 miles

A FORMER smoker is running a 100-mile race on September 17.

Fifty-two-year-old Sheila Rose from Woolstone, who used to smoke 20 cigarettes a day, began running in 2011 after quitting her former job and completed the Milton Keynes Marathon in 2013. She runs in sandals, which she says attracts a lot of attention, and she is taking part in the 100-mile event in Nottinghamshire to raise money for the Many Tears Animal Rescue centre in Wales.

Sheila decided to run for the charity because she has previously adopted a dog from the centre.

She said: "Having spent most of my life from the age of 17 being a 20-a-day smoker, I quit and decided I wanted to do something different with my life and career."

"My running has increased year on year. I now run in Luna Sandals – they are a barefoot running sandal, which usually attracts a lot of comments from other runners as they are still a bit new in this country."

"This race will be a massive challenge both physically and mentally."

On the run: Sheila Rose is gearing up to run 100 miles



# Driver is on trial after boy's death

BY SCOTT KIRK

scott.kirk@onemk.co.uk

A FIVE-YEAR-OLD boy was crushed to death by a car outside his own home while playing with a friend on a shared driveway, a court was told yesterday.

Riley Ferguson died from severe head and neck injuries after his next door neighbour's Vauxhall Insignia rolled over him in Woodspring Court, Monkston.

David Cowell, now of Deacon Crescent, Middleton, had invited a friend around to watch an England football match on June 7, 2015 when he left his home on an errand.

The 41-year-old returned to see another neighbour's daughter standing near his shared driveway but was unable to spot Riley.

Mr Cowell, who denies one count of causing death by careless driving, reversed after hitting what he thought

was a bike or a scooter only to find Riley. He was taken to hospital but later died from his injuries at a hospice.

Alan Blake, prosecuting, said: "David Cowell had been aware of children congregating in that area with bikes and toys on the shared driveway."

"He should have been proceeding with maximum care and attention and unfortunately he didn't."

The trial continues at Aylesbury Crown Court.

## oneMK briefs

### Coffins discovered

POLICE removed three empty coffins found in London Road, Newport Pagnell, on Thursday afternoon. Inquiries are ongoing as to how the coffins ended up in the road.

### Intu plans meeting

A PLANNING Inspector will review expansion plans for Intu Milton Keynes in a meeting at the Church of Christ the Cornerstone from 10am on September 6.

### 'Friend' conned OAP

BLETCHLEY woman Louise Aherne, 33, of Laidon Close, has been fined and jailed for befriending an 88-year-old and convincing her to hand over her bank card. Read more at [onemk.co.uk](http://onemk.co.uk)

## RSPCA investigating dog death

THE RSPCA is appealing for information in its investigation into the death of a dog found hanging from a tree.

As OneMK previously reported, the young Staffordshire bull terrier – believed to be called Zira – was moved to the spot in Stanton

Low Park after being forced to fight a Chihuahua called Fifi in New Bradwell in March.

The RSPCA hopes people may have seen two men walking the dog by the canal on their way to the park between March 15 and 31.

Anyone with information should call 0300 123 8018.

## Robbers target sports pavilion

A SPORTS pavilion has been robbed by a duo thought to be brandishing a gun.

At about 10pm on Thursday, two men wearing dark clothing entered Tattenhoe Sports Pavilion in Holborn Crescent.

One was carrying what appeared to be a gun and made demands for cash. Money was handed over and

the men left.

The first offender is between 5ft 10ins and 6ft and spoke with a local accent.

Both offenders were believed to be wearing balaclavas.

Anyone with information, or who was area in the time, is urged to call police on 101.

For full descriptions of the offenders, visit [onemk.co.uk](http://onemk.co.uk)

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# I remember thriving pub

I HAVE just received a leaflet through my letterbox from the proposed developers of The Suffolk Punch pub in Heelands, which has been earmarked for demolition to make way for new homes and a nursery.

One of 'the facts' it states is "The pub was operated in many different forms, all of which failed to attract enough support to remain financially viable..."

Someone either does not know their Milton Keynes' history, or is hoping that its citizens have a memory span of less than 25 years.

The Suffolk Punch was owned by the Tolly Cobbold Brewery. I remember it as a very upmarket and popular establishment with good beer and food.

It was always very busy, even in the evenings, and at lunchtimes provided a welcome change for those working in Linford Wood.

It only declined after the brewery was taken over by asset strippers Brent Walker in 1989 and the pub was sold off.

There is no pub currently serving Heelands or Linford Wood.

Pubs are as important a social need as schools, doctors surgeries and the like. I hope that the council recognises this.

High Street Homes, the wannabe developer, appears to be peddling inaccurate information as 'fact'.

**Neil Jopson**  
**Harcourt**  
**Bradwell**

## Where is the pride?

IN THE early 1980s, when we moved into Wolverton, it was a lovely little railway town.

There were a few lovely bakers, two butchers, a few post offices, lovely corner shops, the railway works was still operating and The Agora had a few cafes and shops in it and looked nice.

In 1989 Wolverton held a two-

## Send picture to win a funny prize



Rosemary Macklam took this picture of Caldecote Lake

HERE at OneMK we know the lovely pictures you send in put a smile on our readers' faces so we have joined forces with the award-winning Comedy Cow to keep you smiling.

Each week we will be giving two free tickets to upcoming events in one of the club's three venues across MK to the reader who sends in the best picture of our city. Winners can use their tickets to choose from a host of stars coming to Milton Keynes.

For details on The Comedy Cow's future events visit [thecomedycow.co.uk](http://thecomedycow.co.uk)



week celebration to mark 150 years of the railway and works in the town and everyone took part – the station was painted and had bunting around it and the works was opened up. It was great.

But for some reason after that people's pride in the town seemed to just die.

When the works sold off the land to Tesco and it opened in 1993 the little shops started to die off. We lost the butchers and the bakers and then the Post Office moved from its former home in Church Street to inside the Co-op.

From 1993-2000 the railway works' operators failed to look after the old sawmill and smithy shops, which they have been using for storage, and the east repair shop, which is why in 2016 they are in the state they are.

During these years more shops left the town and few

new businesses came in.

In 2006 developers Places For People took over the old Royal Train shed, reading room and triangle building and converted them into new homes and business buildings.

In 2013 there was the 175 year celebration of the railway in Wolverton but it was not marked in the same way as in 1989 due mainly to a lack of promotion and interest.

Over the past few years Wolverton has really gone down hill, as has pride in the town.

Now with St Modwen wanting to demolish the works we now stand to lose the Royal Train and all because no-one is standing up for Wolverton and its heritage.

Why do the people of Wolverton not care about the town?

**Phil Webb**  
**Sent via email**

## Your views on Facebook on the possibility of Chiquito and Frankie and Benny's closing /OneMKNews

**Pete Martin:** "We need to give small independent companies more of a chance. That huge space opposite the new Sainsbury's should have a pop up Brixton-style complex open up for a while. All these chain restaurants are rubbish."

**Paula Consterdine-Adams:** "If you go a couple of miles either way you'll find the exact same line of restaurants...PLEASE give us something different, a traditional decent restaurant, good old English food at a reasonable price. We don't need any more Italian, Indian, Mexican, Chinese or Thai-

style eateries."

**Toby Carter:** "I think you'll find there will suddenly be a large collapse of these 'branded' restaurants in the coming months/years. People have become wise to the overpriced, poor quality food. These over marketed, cost stripped businesses are likely to fall by the wayside."

**Emma Martin:** "It's very rare I go in these. Overpriced and they want you out for the next table quick. If I go to a restaurant I like to take my time, not be rushed out the door. It was only a matter of time this was going to happen."

**Marion Charbel Haykal:** "The rents are much too high for small businesses. The only ones who can afford them are the chain restaurants, nothing is done to help small businesses!"

**Linda Armitage:** "Chiquito has always been good in my eyes but each to their own."

**Steve McNay:** "Let's see reasonable rents to allow some smaller, independent, local eateries. Same old stuff all over, Let's see some diversity..."

OneMK is putting the spotlight on independent organisations in the city. More on pages 22 and 23.

## comment

**Jon Brett**

His column written exclusively for oneMK



THERE are a few state-sponsored campaigns that stick in my mind from when I was a child – The Green Cross Code, Keep Britain Tidy and Charlie Says...

Sadly it appears educating children with these basic principles is a thing of the past.

Take a walk on any redway on any estate in Milton Keynes and just look at the litter. It's everywhere. On the grass, in the bushes, smashed glass all over the place. It's shocking. Walking the dog or taking a bike ride anywhere is fraught with danger with pooches cutting their paws and bikes getting punctures.

Why are people dropping litter everywhere and what is the council doing about clearing it up?

As the school holidays come to an end, anyone driving in Milton Keynes will undoubtedly have had to dodge kids playing in the street, or just crossing the road without looking. Are kids taught the Green Cross Code these days? I don't think so.

Children and teenagers think they are invincible and simply walk in front of cars with impunity. Stop! Look! Listen!

Anyone who was a child in the 70s will remember the talking cat: "Charlies says...don't talk to strangers".

Why have all these basic principles been forgotten? We need to put an end to the littering, rudeness and stupidity of so many people living in MK.



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**Crowded: Great British Bake Off winner Nadiya Hussain met with fans at a question and answer session at intu on Saturday**



## Bake Off winner Nadiya causes a stir

GREAT British Bake Off winner Nadiya Hussain took centre stage for a question and answer session at intu Milton Keynes on Saturday.

The TV star, who has moved to the city since her victory, was asked questions by the public before hosting a meet and greet with fans.

Speaking ahead of the visit, she said: "Milton Keynes is now my home so I'm delighted to be working with intu Milton Keynes and its team who share my passion for being a part of the local community."

The Bake Off winner's appearance at the shopping centre officially launched

the newly-refurbished Oak Court, which is now open for local businesses, artists and performers to use and enjoy.

After her appearance at Oak Court, Nadiya signed copies of her debut children's book – Nadiya's Bake Me a Story – at Waterstones.

# Plans proposed for new schools

BY CHRIS KNIGHT

chris.knight@onemk.co.uk

**EIGHT sites have been earmarked for new schools as part of plans for a major housing development to the east of the city.**

Planning consultants at Berrys have submitted a bid for two 'garden communities' to the east of the M1 towards Cranfield.

The site also includes space to accommodate community facilities, such as a hospital or university.

Acting on behalf of a consortium of landowners, Berrys

was responding to Milton Keynes Council's early consultation under PlanMK, which advocates that the city should grow by 40,000 new homes in the next 25 years.

Val Coleby, planning consultant at the Kettering office of Berrys, said: "Milton Keynes is consulting on growth so we made the submission on behalf of our clients who own a substantial parcel of land to the east of the M1."

"Our idea is for a natural progression of MK's eastern expansion and provides for two garden communities,

each with its own schools, facilities and community hub.

"Public open space, parkland, informal green space and woodland will be important features of the growth area, allowing nature to penetrate into the settlement to provide a true garden community taking the best of the past and looking forward to the future."

The submission has been welcomed by the council and planners have met with Berrys and the landowners to discuss things further as part of the plan-making process.

## Revisions to new site advised

A PACKAGE of revisions has been submitted by South West Milton Keynes Consortium to plans for a new development.

As OneMK previously reported, plans to the west of Whaddon include up to 1,855 homes, primary and secondary schools, two travellers' sites and more than

53 hectares of new green infrastructure.

Edward Saunders, a consortium spokesman, said: "We believe our revised proposals will directly benefit the area and deliver a real, lasting, positive impact."

For more details of the revisions, visit [onemk.co.uk](http://onemk.co.uk)

## Man jailed after taxi robberies

A ROBBER has been jailed for his role in a gang conspiracy targeting taxi drivers.

Samuel Lambe, 26, of Garraways, Coffee Hall, would book taxis late at night and when the driver arrived at the agreed location, a gang of men including Lambe would threaten them, sometimes

armed with a gun and knives.

The conspiracy took place between February 27 and May 1, 2015 and includes seven robberies in three of which a firearm was used.

He admitted conspiracy to commit robbery and was sentenced at Amersham Crown Court on August 18.

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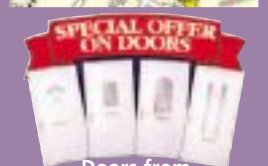
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### Find out about trek

WILLEN hospice will host an information evening about its Vietnam Trek Adventure on September 8 at 7pm. The trek begins on September 30, 2017.

### School uniforms

CHURCHES Grand Union Vineyard and St Mark's will offer free school uniforms and meals to those in need at Netherfield Chapel tomorrow from 10am.

### Drop-in centre

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**Pride:** British Diving chairman Melanie Beck says she could not be more proud of the results

# 'Rio became an Olympic bubble'

**MELANIE Beck, the city centre manager for Milton Keynes City Centre Management, gives us an exclusive look behind the scenes with Team GB and the diving squad at the Rio Olympic Games**

WE ALL know by now that Team Great Britain enjoyed a record-breaking Games, racking up an incredible 67 medals.

But what was life really like for the athletes participating in Rio?

In her role as chairman of British Diving, Melanie lived the dream of many by heading over for the Games and she has given OneMK a glimpse behind the scenes.

She said: "You are in a total bubble – from the moment you arrive into Rio everything is managed."

"Once you get the accreditation around your neck, you are literally herded everywhere."

"You do not know what is going on in the outside world all the focus is on the medal table!"

"Team GB had an apart-



**All smiles:** Team GB celebrating at the flag-raising ceremony

ment block and they basically lived there and celebrated together.

On a winning night, athletes would be celebrated at the house – there was a real spirit of all being there together."

A talking point from the Games was the green diving pool, an issue Melanie says became a 'laughing point' between the divers.

She added: "Most used to diving outside say it would have helped them tell the difference between the sky and the pool!"

The Games represented a

huge success for British diving. Jack Laugher claimed silver in the men's 3m springboard and earned an historic gold in the men's synchronised 3m springboard with diving partner Chris Mears.

And despite a disappointing showing in the men's 10m platform, Tom Daley still came home with a bronze in the synchronised event with Daniel Goodfellow.

Melanie added: "It is by far the best result we could have ever hoped for."

"Our aim was for one medal of any colour, so I could not be more proud."



**Spectacular:** Melanie's view of the Opening Ceremony

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# 'Lives in danger' in failed escape

BY CHRIS KNIGHT

chris.knight@onemk.co.uk

A DRUG dealer captured after a chase involving police dogs and a helicopter has been jailed.

Micah Gordon, 18, was driving a green Volkswagen Golf in Bradwell Common at about 11am on July 7.

He was flagged down by officers, but instead he drove off at speed and was pursued, driving dangerously in order to escape.

Gordon then got out of the vehicle and ran off and was tracked by a dog unit and the police helicopter before being arrested shortly afterwards.

During a custody search he was found carrying cocaine and heroin and was charged on July 8.

He was sentenced at Aylesbury Crown Court on August 12 for two counts of possession with intent to supply Class A drugs and offences of dangerous driving and getting behind the wheel without third party insurance.

PC Steve King, of Local CID based at Milton Keynes Police Station, said: "I am pleased



Sentenced: Micah Gordon

that a significant supplier of drugs in Milton Keynes has been put behind bars.

"In order to escape, Gordon put lives in danger driving without any care for other road users or pedestrians.

"We hope this offers some reassurance to members of the public whose lives are impacted by drug dealing and I would like to say that we will not tolerate it and we will

do all we can to punish the offenders. If you have information about drugs offences in your neighbourhood, we would ask you to call 101."

Gordon, of Napier Road, London, pleaded guilty to the driving offences and possession of heroin and cocaine, but denied intent to supply. He was found guilty of this by a jury.

He was sentenced to two years six months' imprisonment for the drugs charges and for the driving offences he was given four months' in jail to run consecutively.

He was also disqualified from driving for 27 months and will have to take an extended retest.

Gordon's sentencing comes a week after OneMK reported Matthew Nash, 21, of Jubilee Terrace, Stony Stratford, was jailed for four years and six months for drug offences.

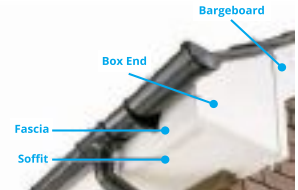
Det Con Mark Burgess, of Milton Keynes Local CID, said: "Drugs have a devastating impact on the lives of people in our communities and I am pleased that Nash has received a significant custodial sentence for the offences he committed."



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# Tributes paid to 'popular' Daniel

BY CHRIS KNIGHT

chris.knight@onemk.co.uk

**TRIBUTES** have been paid to a 'popular' engineer killed in a car crash.

As OneMK previously reported, the A422 Monks Way was closed for several hours following the crash by Stacey Bushes on August 19.

Daniel Wintle, 36, a father-of-four from Hesketh Road, Yardley Gobion, was pronounced dead at the scene after his black Vauxhall Astra came off the road and struck a metal fence.

Ian Webb, managing director of Teekay Couplings in Bradwell Abbey where Daniel worked for four years, has paid an emotional tribute to the engineer.

He said: "Daniel was extremely popular – a lot of his good friends worked here."

"He was the sort of person who would never walk past without saying hello."

"When he wasn't working here, he was very much a family man."

"He took his family responsibilities very seriously and gave 100 per cent whenever



**Memorial:** Flowers and messages of condolence in memory of Daniel Wintle have been left on fencing at the scene of the crash

he was here. Daniel was very funny, personable and a very good worker.

"He had a reputation for helping others and he was very generous."

Flowers and messages of condolence have since been left at the scene of the crash.

The inquest in to Daniel's death was opened and adjourned on August 25 at Milton Keynes Coroner's Court.

Mr Webb described his

company as a 'tight-knit community' and said the mood in the workplace has been 'sombre' since news of Daniel's death broke.

He added: "The mood on Monday following the news was extremely sombre."

"Everybody here is really quite shocked by his death."

"There is a collection going around to help support his family and support from people here has been very good."

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Leighton Buzzard areas and manager Stephen Moon agrees that this approach is a major factor in his success. 'The truth is that it's not just the personal satisfaction that I get from doing a good job but also it makes good business sense. I get a huge amount of business from friends and family of people I've done work for, which just goes to show how much a little bit of effort is appreciated as both my customers and, obviously a body as nationally important as Which? now recognise.'

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**Fundraising:** Stuart Grace Overton has already raised more than £2,700. To read more of his story and donate visit [onemk.co.uk](http://onemk.co.uk)

## Walker inspired by his mother

A WALKER is taking on the 110-mile Cleveland Way Trail in Yorkshire for Willen Hospice in memory of his mother.

Starting on September 4, Stuart Grace Overton's route will take him across the Yorkshire Moors and the North Yorkshire coastline.

He said: "The hospice team had such an impact on the family that I feel I need to share mum's story and support them."

# 'We need more police officers'

BY CHRIS KNIGHT  
[chris.knight@onemk.co.uk](mailto:chris.knight@onemk.co.uk)

**CALLS are being made for a greater police presence on an estate plagued by a gang.**

As OneMK previously reported, Fishermead residents gathered at the Trinity Centre on August 9 to raise concerns over the impact of a gang of Somali origin.

Mark Lancaster, MP for Milton Keynes North, has heard the community's

concerns and has now written to Anthony Stansfeld, police and crime commissioner for Thames Valley Police, asking for a greater presence from officers.

He said: "Our officers in Milton Keynes are operating to the very best of their abilities and I have asked if consideration could be given to increasing the number of officers in this area."

"In the meantime I will continue to engage with

community leaders to offer a solution that works for all."

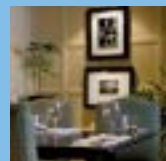
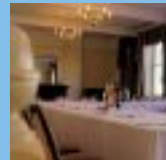
In response, Mr Stansfeld told OneMK: "I have received the letter and I'm making inquiries to get more details."

"I am of course concerned by the issues raised and will be looking in to it."

Fishermead residents can report incidents to 101, or contact the local policing team by emailing [MKSouthCluster@thamesvalley.pnn.police.uk](mailto:MKSouthCluster@thamesvalley.pnn.police.uk)



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## Bus services 'offer alternative to cars'

BY CHRIS KNIGHT

[chris.knight@onemk.co.uk](mailto:chris.knight@onemk.co.uk)

**TWO new bus services linking more areas with the city centre launched on Sunday.**

Bus number 301, operated by Red Rose, will connect the city centre and Milton Keynes Central train station with the Whitehouse and Fairfields developments and then on to Stony Stratford.

The service is being funded by Milton Keynes Council through the Milton Keynes Tariff with more buses expected to be introduced over time as these areas grow.

There are also journeys specially timed to get Fairfields residents to the new Whitehouse Primary School, until Fairfields Primary opens next September.

Bus number 15, also operated by Red Rose, will connect Milton Keynes Central station and CMK with Oakgrove and Kingston.

The service is being funded by the council through Section 106 developer contributions from the



**On board: Red Rose has launched two services connecting the centre with the western expansion area, Oakgrove and Kingston**

Oakgrove site and is in addition to Z&S services 11 and 12, which run past Oakgrove along Brickhill Street.

Councillor Liz Gifford, cabinet member responsible for transport, said: "With easy access low floor buses, residents will now get not only a well-deserved bus service, but also a genuine alternative to using the car."

"As more people come to live and work in Milton Keynes we want to see

enhanced, modern and effective public transport systems to help reduce future congestion, giving people choice about how to move around Milton Keynes."

Taj Khan, director of Red Rose, added: "We are very pleased to be operating these new services."

Both the 15 and 301 buses run hourly all week, including Sundays and public holidays, during the daytime and evenings.

Colin Ingram and Peter Kane present a Curve Theatre Leicester Production

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# Nature reserve is opened by Adam

BY SCOTT KIRK  
scott.kirk@onemk.co.uk

**COUNTRYFILE** presenter Adam Henson opened the new Floodplain Forest Nature Reserve in Old Wolverton on Thursday.

The Parks Trust has converted 48 hectares of the Great Ouse Valley into the

reserve, with the help of Hanson UK – a building materials company that assisted with the extraction of sand and gravel deposits.

The transformation of the reserve began with the initial idea 20 years ago, with work starting in 2007.

Adam was joined at the event by Steve Coventry,

Mayor of Milton Keynes, The Parks Trust's chief executive David Foster and Phil Bowsher, the organisation's head of landscape strategy and development.

Adam told OneMK: "The Parks Trust has made something here that is fun, engaging and informative."

"Hopefully hundreds, if not thousands, of people will come here and enjoy it and go away with something that helps them wake up to biodiversity and conservation, which is absolutely key."

Mr Foster said: "With our other projects coming together along the whole of the Great Ouse Valley, this all makes up a tremendously rich ecological habitat."

CLlr Coventry added: "Places like this make you proud of what Milton Keynes has to offer. To have this on our doorstep is fantastic."

A real treat for many at the opening was the sighting of a great white egret, an uncommon large heron, which has only started breeding in the UK within the last four years.



Watch our video of the opening at [onemk.co.uk](http://onemk.co.uk)

Official opening: Countryfile presenter Adam Henson and, below left, The Parks Trust's David Foster



Discovery: Guests explore the Floodplain Forest Nature Reserve



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# It's the generation game at museum

BY CHRIS KNIGHT  
[chris.knight@onemk.co.uk](mailto:chris.knight@onemk.co.uk)

**THREE generations of William Cowper's family paid a surprise visit to The Cowper and Newton Museum to find out more about their famous relative.**

The famous English poet lived in the building in Market Place, Olney, for two decades during the 18th century, where he regularly hosted his neighbour John Newton who wrote the iconic hymn Amazing Grace.

And three generations of Cowper's family, including members from South Africa, stunned museum director Paula Newton when they dropped by on July 19.

She said: "We did not know they were coming!"

"They are such an important family to this museum, so it was nice to finally meet them all. They grew up knowing about the painting of William and hearing all of the stories and they decided to come over and see it all for themselves."

"Although the older members of the family have



Reunion: From left, Duncan, Josh, Pam, Michaela, Adam, Mary and John Mackenzie paid a surprise visit to the Olney museum

returned to Johannesburg, the museum looks forward to a return visit by the home-based family."

Cowper's descendants gathered for a picture in front of the portrait of their famous relative.

Painted by Lemuel Francis Abbott, the portrait was commissioned by John Johnson in 1792 to celebrate his famous cousin.

It was also the first time the younger generation had seen

the family tree (seen to the right in the picture above).

This was originally hidden behind the painting, the frame being hinged to open up and reveal the secret document within.

Cowper's descendants then enjoyed discovering more about their illustrious lineage in history back through Earl Cowper on William's father's side and the poet John Donne and the Boleyn family on his mother's side.

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**Melanie Beck:** City centre manager for MKCCM



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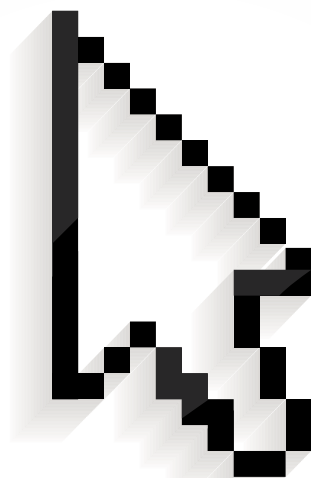
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# Who will take home Made In MK award?



Deliberations: The Made In MK judges picking the winners

**AFTER** hundreds of entries the finalists of OneMK's Made In MK Awards can be revealed.

The remaining contenders of each of the 10 categories (listed opposite) are now in with a chance of picking up an award at a presentation ceremony at Mercure Parkside in Woughton on the Green on Thursday, September 15.

An Outstanding Contribution award will also be handed out on the night.

Last Wednesday our judges had the difficult task of choosing the winners of the awards, which recognise the hard work and achievements of the city's independent businesses, individuals and community organisations.

Cally Jenkins, OneMK's editor, said: "The awards

have really struck a chord with the community with more than 300 entries in the first year.

"I am very much looking forward to celebrating the many independent organisations that are made in MK and make MK."

Keep up to date with all the news on the night by following #MadeInMK on Twitter.

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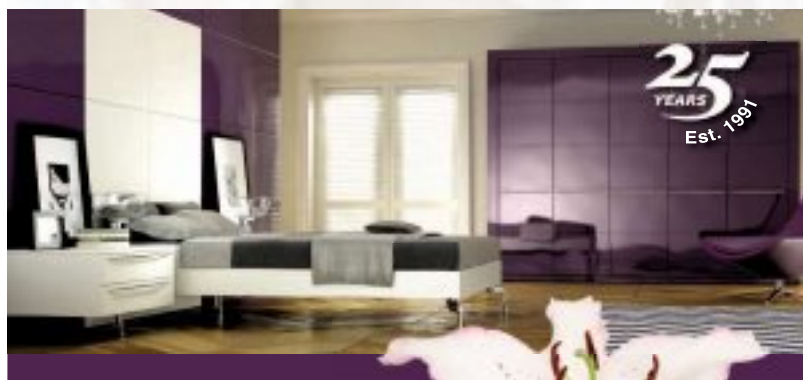


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- Our product, being a full carcass construction will stand the test of time, recently I went to see a customer locally in need of a new kitchen, she was one of the first bedrooms we installed in 1991, we were both a tad older of course but the bedroom is still looking great after 25 years and she is still happy with it, her new kitchen looked beautiful too.

We are now fulfilling contracts for the children of the customers we once served, which is a great testimonial for our product.

Your customers are not your friends - though some do become so - but you do feel very much a part of the family when working very closely with them in their homes. There are many I keep in contact which makes my job one of the best.

Michael and I would love to thank all of our customers for the last 25 years and look forward to the next years of trading in Wellingborough and around Northamptonshire.



**Julie Hawker-Cole**  
Managing Director

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**Royal links:**  
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 of the town's  
 connections to  
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 The Queen is  
 pictured left on  
 a previous visit  
 and below with  
 Prince Philip

# Wolverton On Film

BY SCOTT KIRK

[scott.kirk@onemk.co.uk](mailto:scott.kirk@onemk.co.uk)

LIVING Archive has released its seventh edition of the Wolverton On Film series.

This film tells the story of generations of craftsmen and women in Wolverton and their unique relationship with successive generations of the Royal Family.

Melanie Jeavons, general manager at Living Archive MK, said: "The film demonstrates Wolverton and Milton Keynes' strong links with the Royal Train and its railway heritage that is so important to preserve."




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# Go gold to raise cancer support

BY CHRIS KNIGHT

chris.knight@onemk.co.uk

**THE Henry Allen Trust – OneMK's charity of the year – is urging businesses and organisations to go for gold this September to raise awareness of childhood cancer.**

Glow Gold September is a nationwide awareness campaign to get iconic buildings throughout the UK to light up throughout the month.

Dawn Allen, from Bletchley, set up the trust in memory of her son Henry, who passed away in October 2013 after a long battle with neuroblastoma. He was four years old.

And she is calling on Milton Keynes businesses and organisations to join the campaign.

Dawn said: "It does not have to be lights, it can be absolutely anything.

"The raising of awareness is so important to help with early diagnosis.

"Everyone knows the pink bow for breast cancer, but no-one knows about the gold bow for children's cancer.

"I would love Xscape to go



**Gold rush:** Dawn Allen, second from right, with volunteers from The Henry Allen Trust, which is raising awareness of child cancer

gold – it is such an iconic building in MK. Church of Christ the Cornerstone and Bletchley Park would be amazing, and MK1 Shopping & Leisure Park has gone gold for us in the past."

More than 100 UK venues have committed to glowing gold so far next month, including Edinburgh Castle, Gateshead Millennium Bridge and the National Theatre in London.

The search for businesses and organisations in Milton

Keynes to join the initiative has just been launched.

Oxley Park Academy has already expressed an interest in participating and Dawn is desperate for everyone to get involved – no matter how small the gesture may be.

She added: "Please help us to get your place of work, or favourite building to light up in September for children's cancer awareness!"

You can find out more at [facebook.com/GlowGoldSeptember](https://facebook.com/GlowGoldSeptember)

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# Couple committed to helping the poor

BY SCOTT KIRK

scott.kirk@onemk.co.uk

A COUPLE have relocated to help people living in one of the poorest areas of East Africa.

Mark Russell, 41, and his wife Laura, 34, from Wolverton, have been visiting Malawi since 2009 and in March they decided to quit England and move to the country's second largest city Blantyre.

Laura said: "We decided we wanted to make a change in our lives, get off the 'rat race', and wanted to use our time and skills in the country that we have come to love following our previous visits."

Now, Laura, a social worker, and accountant Mark are involved in the Krizevac project, which creates self-sustaining businesses

in the poorest areas of the world.

Laura added: "Through the creation of nine social enterprise businesses, plus the staffing at a children centre, the project employs approximately 400 Malawian staff, which is a huge step towards lifting them out of poverty they experience."

"Seeing what a tangible difference the project makes to the township it is situated in is a highlight so far."

If you want to donate go to [www.krizevac.org](http://www.krizevac.org)

**Volunteering:**  
Mark and Laura  
Russell in Malawi



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# Weigh to go for Tracy's efforts

BY SCOTT KIRK

scott.kirk@onemk.co.uk

**A WOMAN has helped hundreds of people to lose weight in her community.**

Bletchley resident and LighterLife counsellor, Tracy Simpson, has helped almost 900 dieters lose an extraordinary 29,713lbs over the past 14 years.

Tracy's aim has been to help them improve their health and wellbeing through LighterLife's weight loss and behaviour change programme.

She said: "The group support LighterLife delivers is invaluable."

"We're the only weight management programme that uses cognitive behavioural therapy and transactional analysis to help people understand their relationship with themselves and their food."

"The combination of our diet plan and weekly group sessions ensure our clients are 44 per cent more likely to lose weight and keep it off long term."

Over 14 years Tracy has



**Staggering: Tracy Simpson has helped hundreds lose weight**

helped reduce the obesity rate in the town and will continue to do so.

For a limited time LighterLife Milton Keynes

is offering a four-week total bootcamp.

To find out more visit [lighterlife.com](http://lighterlife.com) or call Tracy on 01908 366115.



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# An A\* effort from city's GCSE students

BY SCOTT KIRK

scott.kirk@onemk.co.uk

## STUDENTS in the city celebrated on Thursday after opening their GCSE results.

There were scenes of joy across the city as the long wait finally came to end for thousands of nervous pupils.

And while the majority have opted to study for their A-levels, it was a very different story for ambitious Rachael Jeffreys, pictured below.

The MK Academy student has taken on an apprenticeship with Home and Legal Insurance and hopes to one day own her own café in Newport Pagnell.

She did well in her GCSEs by achieving two As in history and catering, as well as three Bs and four Cs.

She said: "I thought I may as well earn money so that I can grow my own business and it should give me independence while learning things I want to learn."

Among the high achievers at Walton High School in Walnut Tree were Emily Webber, who got 12 A\*s and is going on to study A-level French and Spanish at the school's sixth form.

Oscar Wilton



was also delighted with his six A\*s and hopes his achievement will go some way towards fulfilling his ambition to be an international economist.

Denbigh School celebrated its third successive year of improving results and headteacher Andy Squires said that a third of all grades were either A\* or A.

"They are tremendous students," said Mr Squires.

"They are a really talented group."

More than 70 per cent of all Year 11 students at Shenley Brook End School gained five or more GCSEs including maths and English at grade C or above, while a record 700 Stantonbury Campus students received GCSE exam results, including students in years nine and 10 who took high level qualifications before they got into Year 11.

Ousedale School celebrated its best results in three years, while children at St Paul's Catholic School achieved about half a grade higher in each subject than was expected nationally.

Sir Herbert Leon Academy students were also celebrating its best Year 11 results for three years.

Principal, Dr Jo Trevenna, said: "After a period of change and



All smiles: Students from, clockwise from top, Denbigh MK Academy and Walton High receive their GCSE results  
Pictures by Andy Handley

instability, Sir Herbert Leon Academy has made significant improvements this year."

Cllr Zoe Nolan, Milton Keynes Council's lead member for children and families, said: "Very well done to everyone who has received GCSE results. They are a credit to the hard work and commitment that students have put in throughout their education."

■ If you or your children need advice on what to do if results didn't go as expected, visit onemk.co.uk



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## Ludlow Medieval Christmas Fayre

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Experience the drama and excitement of the first major National Hunt chase of the season on this great value two-day break.

### Our price includes

- Two days admission to The Open Meeting, Cheltenham in the Best Mate Enclosure (Tatterstalls entrance available for a supplement)
- One night's dinner, bed and English breakfast accommodation in a good hotel within 90 minutes of Cheltenham racecourse
- Coach travel from the local area
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## Ironbridge Gorge Victorian Christmas

A journey into Christmas past  
Departing 2 December 2016

Step back in time at Blists Hill Victorian Town, one of the museums that make up the World Heritage Site of Ironbridge, and learn how the festive season would have been celebrated in the 1800s.

### Our price includes

- A visit to Birmingham's Frankfurt Christmas Market
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- A visit to Ironbridge Gorge
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**NEXT week sees the start of Milton Keynes' Heritage Open Days with more than 65 free family events taking place.**

The focus this year is on the buildings that make our city, from the medieval to the ultra-modern.

The Royal Institute of British Architects will be supporting 12 of the events with local architects leading tours. And with exhibitions, guided tours, walks and cycle rides, workshops, craft

events and performances across the area there will be something for everyone.

Many attractions will be offering free admission, including Bletchley Park (200 free tickets per day), Milton Keynes Museum, Stowe House, Claydon House, Cowper and Newton Museum in Olney, Buckingham Old Gaol, Chandos Hall Museum in Newport Pagnell and Woburn Heritage Centre.

Explore the finest historic churches from

medieval at Loughton to classical at Willen and discover ancient Howe Park Wood and its ultra-modern Passivhaus, 'the most airtight building in Britain'.

Tour Energy World and Homeworld developments from the 80s in Shenley Lodge and Bradwell Common and find out why they were decades ahead of their time.

Take a rare opportunity to enter Festive Road, where fantastical creatures are made, and try

your hand at making your own mythical beast at its Kiln Farm base. Enjoy behind-the-scenes tours of The Stables, MK Theatre and gallery, and even the crematorium, with their architects.

Living Archive in Wolverton will be showcasing 70 years of Milton Keynes' past through the lens of film-makers and revisiting the days of punk.

For full details of the events, which will take place from September 8-11, go to [mkheritageopendays.com](http://mkheritageopendays.com) to download a brochure.

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## wickedlyfunny

**MK GALLERY'S film on Friday was hailed as a masterpiece at the 2015 Cannes Film Festival.**

Tale of Tales is a sumptuous, seductive and macabre retelling of Giambattista Basile's classic Italian fairy tales.

Comprising three wildly fantastical stories, including a queen who gives birth after eating a sea monster's heart, an old peasant woman who finds youth after falling asleep in an enchanted forest and a proud king who raises a flea as his child,

these are tales that your parents never dared tell you.

Set in an epic landscape filled with a host of bizarre characters and with a spine-tingling soundtrack by Oscar-winning composer Alexandre Desplat, Tale of Tales is deliciously dark, wickedly funny and outrageously entertaining.

Certificate 15, it will be shown at 7.30pm and tickets costing £5 (concessions £3) are available at [mkgallery.org](http://mkgallery.org)

**IN HIS monthly column for MK LIFE, the managing director of Frosts Garden Centre in Woburn Sands, JAMES FROST, gives readers his top tips as we head into September**

**NOW is the time to start dividing cottage garden perennials and replant the divisions in groups to give the plant new energy for next spring.**

Any autumn flowering perennials can be kept looking their best by regular dead heading.

And if you have any tender perennials out in the garden or in containers (lantana, gazania, abutilon, ageratum, salvia) these need bringing into the glasshouse for the winter.

Autumn raspberries and main crop potatoes are two crops that need harvesting next month. Winter brassica's must be covered

with netting/crop protection to prevent against birds causing damage especially to the growing tips.

If you like growing your own cut flowers now is the time to sow sweet peas and hardy annuals for a wonderful crop of flowers next spring – these can all be sown directly in the garden.

Spring flowering bulbs are now available in the garden centre – go along and make

your choice from a wonderful selection of tulips, narcissus, allium etc, which can be planted out in the garden this month or direct into patio containers in a layered effect for a long period of flowering next spring.

September is also the time to clear up any garden rubbish to compost or burn and make the last clipping on your evergreen hedge before the winter.



## finestfolk

**FEATURING three of England's finest folk musicians in an exciting new collaboration, Leveret will be at The Stables on Sunday.**

Andy Cutting, Sam Sweeney and Rob Harbron are each regarded as masters of their instrument and are involved in numerous projects with a huge range of artists.

Together their performances combine consummate musicianship, compelling delivery and captivating spontaneity.

Leveret's music is firmly rooted in the English tradition but the sound is fresh and new with original settings of ancient tunes sitting alongside new compositions by some of today's finest tunesmiths in the folk field.

The show starts at 8pm and tickets cost £15 from [www.thestables.org](http://www.thestables.org)





Gig guide  
Movies  
Family Life

## rockband

**CHART-TOPPING band The Hoosiers will be coming back to Milton Keynes for another gig at MKII in Kiln Farm.**

The group sold out the venue in June, 2015 and are returning for another show by popular demand on Friday.

Known for popular singles Goodbye Mr A, Choices, The Illusion of Safety and Worried

About Ray, the rock band from Berkshire have racked up more than a million record sales in their career.

Doors for the performance open at 8pm and entry is open to all over the age of 16 years old.

For more information visit [www.mk11kilmfarm.com](http://www.mk11kilmfarm.com) or to book tickets check out [www.seetickets.com](http://www.seetickets.com)



## findingdory

**THIRTEEN years after Nemo was found safe and sound, Pixar returns to the ocean to deliver the enjoyable and emotional sequel Finding Dory.**

After playing the supporting role in the original, blue tang fish Dory (voiced by Ellen DeGeneres) takes centre stage in a mission to find her parents.

Battling the odds, she is joined by adopted family Marlin and Nemo as the trio travel the wide ocean again.

By flipping the focus on to Dory, directors Andrew Stanton and Angus MacLane have created a powerful story that stands independent of the original Finding Nemo.

While the first movie warned against parents being overprotective, the second argues disability is no limitation as Dory battles her memory loss to retrace her steps.

Like recent Pixar hits Up and Inside Out, Finding Dory may surprise adults in the audience with its emotional message.

And for children, a string of new memorable characters are introduced including grouchy octopus Hank and a pair of British sea lions who deliver comedy relief.

The ending is ridiculous – even for a film featuring talking fish – but Finding Dory is a thoroughly enjoyable adventure for all the family.



Chris Knight

## peterrabbit

**CHILDREN will love the enchanting tale of Beatrix Potter's first story about Peter Rabbit.**

Stantonbury Theatre will be bringing to life the tale about the naughty rabbit on Sunday.

Peter knows only too well that he is not to go into Mr McGregor's garden but he cannot resist and it's only after several nasty scrapes and minus all his clothes that he finally escapes home to a severe telling-off from his mother.

But Peter doesn't learn his lesson and with his cousin Benjamin returns to the garden to recover his lost clothing.

This time, however, there's more danger on the prowl in the shape of Mr McGregor's cat.

The show starts at 2.30pm and is suitable for children aged three years old and over. Tickets cost £12, or £40 for a family of four, from [www.stantonburytheatre.co.uk](http://www.stantonburytheatre.co.uk)



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MKlife

Competitions

Columnists

Out and about

**HOMEOWNERS looking for advice on how to add value to their properties should head to the London Homebuilding and Renovating Show next month.**

Sponsored by Anglian Home Improvements, the show at the ExCel will also offer help to anyone looking to build their own home.

There will be 350 specialist companies, 37 free master-classes and seminars on self-

build and home improvement topics and 750 advice sessions with the country's leading architects and experts, including Charlie Luxton from More4's Building the Dream and Julia Kendell from BBC's DIY SOS where keen self-builders and renovators can get bespoke guidance.

The annual show will be brimming with ideas and inspiration to ensure that



**WIN**  
tickets to attend  
london show

people attending the exhibition, taking place from September 23-25, will be able to put theory into practice.

Here at MK LIFE we have teamed up with the show to offer one lucky reader every day for the next week an opportunity to win a pair of tickets.

All you need to do is answer the following question for your chance to be a winner:

**Where is The London Homebuilding and Renovating Show being held?**

- A) ExCeL
- B) Congress Centre
- C) Brooklyn Bowl

To enter log onto [www.onemk.co.uk/competitions](http://www.onemk.co.uk/competitions)  
Alternatively send your answer, name, address and daytime telephone number to OneMK, 1 Diamond Court, Fox Milne, MK15 0DU by noon on Wednesday, September 7. The editor's decision is final

## popquiz

**ON FRIDAY, September 9, Stuart and Katy from Heart Breakfast are going to be hosting our Big Pop Quiz at The DoubleTree by Hilton Hotel at stadium-mk and we would love you to come!**

Last year we had a rounds with a video mash-up, lyrics, album artwork and much more. We even had a bit of a sing-a-long at the end to the missing lyrics round.

And the good news is that there will be a prize for the winning team of an amazing night out including a three-course meal and wine.

As well as the chance to attend a really fun quiz hosted by Stuart and Katy, you will be helping to raise money for our charity Global's Make Some Noise, which aims to change young lives in and around Milton Keynes.

So whatever your knowledge of pop music, there's definitely going to be something in the quiz for you.

To book your table, just head to [heart.co.uk](http://heart.co.uk)

We can't believe we are into the final few days of The Beach at thecentre:mk, which is open until Sunday.

Finally, if you're going to see Sunny Afternoon at Milton Keynes Theatre have an amazing time, it's a great show that is guaranteed to have you singing all the way home.

Tune in to Heart Breakfast with Stuart Miles and Katy Hill on Heart 103.3 FM, DAB, at [heart.co.uk](http://heart.co.uk) or via the Heart mobile app.



## groovygecko

**THE Slug and Lettuce in The Theatre District will host the Groovy Gecko Glow festival on Tuesday.**

Part of the Groovy Gecko club organised by InterAction, the festival it is run by and for learning disabled adults.

The club has great music, fantastic people and a fabulous atmosphere so Gecko clubbers get your glow sticks on and get ready to groove.

It starts at 6.30pm and two for one cocktails are available all evening. Tickets cost £5 for members, £7 for non-members and £3 for carers. Over 18s only.





Your essential guide to events big and small throughout Milton Keynes

# MKlifeHOTPICKS



## cancercycle

**MK GET On Your Bike, at City Discovery Centre in Bradwell Abbey on Sunday, will be raising money for Cancer Relief.**

Two cycle route options are available with a shorter route for children.

There will also be stalls selling a variety of arts and crafts, a bouncy castle, pony rides, ice cream, face painting, raffle and tombola.

Registration for the cycle rides is open from 9.30am with first ride at 11am. Go to [www.mkgoyb.org](http://www.mkgoyb.org) for more details.



## magictime

**MAGICIAN Eugene Matthias is one of several acts set to dazzle at a fund-raising music festival and fun day at Wolverton House on Saturday.**

George Michael tribute David Jansen and Manny and The Coloured Sky will be just some of the acts performing on the day, with other activities and stalls available.

Running at the pub in Stratford Road Wolverton Mill, from 11am until 5pm, proceeds on the day will be donated to the Levi Henson Project.

## baileymcconnell

**JOIN former Britain's Got Talent star Bailey McConnell in a hometown gig at The Craufurd Arms in Wolverton tomorrow.**

Bailey is joined by up-and-coming local star Euan Emerton to end the summer holidays in style.

Tickets cost £10 from [www.thecraufurdarms.com](http://www.thecraufurdarms.com) and the show starts at 7.30pm.



## keepdancing

**JOIN Strictly Come Dancing stars Jay McGuiness, Aliona Valani and Robin Windsor, pictured, in new show Keep Dancing.**

The Strictly stars will be on stage alongside world-champion ballroom and Latin dancers.

The show runs from Tuesday until Saturday at Milton Keynes Theatre.

Tickets cost from £17.50 at [www.atgtickets.com](http://www.atgtickets.com) or call 0844 871 7652.



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## Edinburgh Christmas Markets

**The perfect pre-Christmas break!**

**Departing 2 December 2016**

The beautiful city of Edinburgh is the perfect choice for a weekend break. It's compact and easy to get around, is packed with attractions and famous sights – the Castle, Holyrood Palace and the lanes and wynds of the Royal Mile, and offers fantastic shopping and Christmas Markets full of seasonal gifts.

**Our price includes**

- A city sightseeing tour of Edinburgh
- Free time to explore Edinburgh or a free transfer to the Ocean Terminal shopping centre
- Two nights' bed and Scottish breakfast accommodation at a good hotel in the Edinburgh area
- Coach travel from the local area
- Escorted by a friendly tour manager



3 days from  
**£179.00**  
per person

## Magical Maastricht

**& Valkenburg's Christmas Cave**

**Departing 16 December 2016**

Visit the beautiful Dutch city of Maastricht, where the famous Vrijthof square shimmers with seasonal colour and charm, and to the fairy-tale town of Valkenburg, home to some of Europe's most enchanting and colourful festive markets, including that held in an underground 'Christmas Grotto'.

**Our price includes**

- A visit with entrance to Valkenburg's Gemeentegrot Christmas Cave
- A visit to 'Magical' Maastricht's Christmas Market
- Two nights' bed and continental breakfast accommodation in a three-star standard hotel within 45 minutes of Maastricht by coach
- Return Channel crossings
- Coach travel from the local area
- Escorted by a friendly tour manager



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## 4★ Christmas in Spain

**Departing 22 December 2016**

Leave behind the cold and grey and spend the festive season on Spain's beautiful Costa Brava, enjoying Christmas with all the trimmings in a super hotel - complete with excellent leisure facilities – as well as an included Christmas Eve visit to the extraordinary city of Barcelona and a Christmas Day tour of the dramatic 'Wild Coast'.

**Our price includes**

- Return coach travel and Channel crossings
- Four nights' half-board accommodation in the four-star Caprici Verdi Hotel, Santa Susanna
- Visit to Barcelona and 'Wild Coast' Tour
- Festive meals and entertainment
- Two nights' half-board accommodation en route in France
- The services of a friendly, experienced tour manager



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## Bath Christmas Market & the Cotswolds

**A yuletide experience to remember**

**Departs 26 November & 2 December 2016**

A great value break to Bath's famous Christmas Market, which combines the very best of seasonal shopping, fine food, family fun and entertainment.

**Our price includes**

- A visit to Bath Christmas Market
- A short tour of the Cotswolds
- Visits to Bourton-on-the-Water and Stow-on-the-Wold
- One night's bed and English breakfast accommodation at the Express by Holiday Inn in Swindon (or similar)
- Coach travel from the local area
- Escorted by a friendly tour manager

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## female seeking

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**YOUNG** 22yr professional, outgoing, attractive blonde looking for a serious guy for country walks and maybe more. Text only Mailbox: 5531676

**KATIE** 35yrs, slender well educated brunette seeks no strings mutual pleasure with gent 40+ Must be discreet, married or single. AKA. Tel: 0906 515 3000 Box 419673

**GEORGINA**, 31, all dressed up with nowhere to go. Gorgeous blue eyed brunette nurse, looking for a nice guy to take me out. Tel No: 0906 515 4426 Box No: 423631

**KIM**, 32yrs, attractive blonde lady seeks discreet gent for daytime distractions. AKA. Tel: 0906 515 3004 Box 421657

**JILL**, 41, separated female looking to put some fun back into her life, seeks outgoing male to get started with. Any race/age. Tel No: 0906 515 4426 Box No: 423603

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**JANE**, young 41, very broadminded seeks chap any age for discreet no strings fun, any age, no time wasters AKA. Tel: No: 0906 515 3008 Box: 409715

**SAM**, 35, sensual brunette looking for discreet man who knows how to make a woman laugh. Casual friendship/romance only please. Tel No: 0906 515 4426 Box No: 423575

**KERRY**, 35yrs, married in open relationship, attractive, tall, slim and very presentable. Seeks discreet gent any age for casual pleasurable encounters. Tel: 0906 515 3040 Box 422363

**ANNA**, 37, Chatty blonde, fun to be around, looking for fun confident guy to enjoy time with. Tel No: 0906 515 4426 Box No: 423441

## Customer support

Call **0207 720 7130** Monday - Friday 10am - 4pm  
or email us at **support@jmediauk.co.uk**

**ATTRACTIVE**, professional, sporty Christian lady, early 70s, young at heart, many interests, WLTW honest, caring, professional preferably, very presentable male for outings, companionship and friendship. Tel No: 0906 515 4426 Box No: 423531

**SOPHIA** young 40yrs, married but bored, seeks discreet adult fun, any area, all calls answered. Tel: 0906 515 3016 Box: 413399

**PEGGY**, 67, n/s, occasionally drink, likes the outdoor life, theatre, films, looking for somebody for a nice relationship. Tel No: 0906 515 4426 Box No: 423455

**EMILY**, mature well educated lady, blonde and smart and broadminded seeks gent any age for no strings fun. AKA. Tel: 0906 515 3020 Box 421375

**VALERIE**, young young looking would love dancing, nights out, but would prefer cosy nights in with that special male. Tel No: 0906 515 4426 Box No: 423491

**LORRAINE**, attractive solvent brunette, 34yrs, own house/car wltm gent any age, looks important but must have GSOH. AKA. Tel: 0906 515 3028 Box 422415

**OUTGOING** blonde, 29, big blue eyes, great personality, fun to be with, WLTW intelligent mature male for a loving relationship. Tel No: 0906 515 4426 Box No: 423475

**KATIE**, 39yrs, loves dressing up, role play, fun etc. Hoping to meet like minded chap any age but must be understanding. Text Only Box: 4085012

**TAMLA**, naughty but nice, curvy kitten! I am 46yrs and love to have some fun. Dates/Chats, something different. Pls call me. Text Only Box: 4185035

**HI I'm Pam**, slim, blonde, green eyes, discreet, loves cuddles, seeking similar discreet tactile male for mutual friendship with benefits. Tel No: 0906 515 4426 Box No: 378499

**DEBBIE** dark haired passionate classy, discreet female looking for professional intelligent male wanting mutual companionship. Can accommodate. Tel No: 0906 515 4426 Box No: 380441

I am a white caring lady, a young 55, seeking a caring black man for meals out, pubs, walking out, or just cosy nights in. Text only Mailbox: 5518879

**TRACY**, 44, outgoing bubbly blonde, likes to keep fit seeks outgoing, sporty male who knows how to enjoy life too. Tel No: 0906 515 4426 Box No: 423303

**ALISON** 35, stunning, busty and fun, looking for someone outgoing and broadminded who would like to share lazy lunches, good times and more. Tel No: 0906 515 4426 Box No: 423257

**DENISE** 40, stunning slim brunette, great company, loves going out, looking to share intimate moments with that special someone. Looks unimportant. Tel No: 0906 515 4426 Box No: 423239

**JENNY** 38, petite, bubbly blue eyed babe, always on the go, WLTW unattached fun male to see what the future brings. Tel No: 0906 515 4426 Box No: 423091

**KERRY** 39, independent curvy brunette, sensual, tactile, loves cuddles and kisses, seeks cheeky, spontaneous guy to keep her company and make her smile again. Tel No: 0906 515 4426 Box No: 423059

**ATTRACTIVE** energetic mature lady, looking for well-travelled, solvent companion for holidays, dining out and days away. Text only Mailbox: 5502846

**KATHY** 40ish, passionate, outgoing, adventurous red haired lady looking for a relaxed no strings relationship. Tel No: 0906 515 4426 Box No: 423005

**SABINA**, 35, outgoing attractive brunette, fit and carefree just looking for fun times without complications, maybe more later. Tel No: 0906 515 4426 Box No: 422303

**TRACY** 31, slim, attractive brunette, loyal and loving, loves water sports seeks kind, caring, fun loving man to love and look after. Looks unimportant. Tel No: 0906 515 4426 Box No: 422817

**JILL**, 53, blue eyed blonde, sporty, devoted footie fan, seeks tall, active guy who's not too shy to try something a bit different. Tel No: 0906 515 4426 Box No: 422715

**ATTRACTIVE** Suffolk mid forties female seeks male, 39-59, for coastal walks, dog walking and motor sports. Must have GSOH! Text only Mailbox: 5482094

**CLAIRE** 30, tall and curvy, long/dark, curly hair, likes to keep fit, seeks genuine male to share fun, friendship, maybe more. Tel No: 0906 515 4426 Box No: 422543

**CHARLOTTE**, 55, dark blonde hair, 5ft5, medium build, works part time as a nurse, lives in Buckingham area, enjoys animals, walks, meals out, gym, dancing, pubs, cinema, bowling, generally enjoying life. Tel No: 0906 515 4426 Box No: 421893

**MALE** 62 young looking, kind hearted, interests cooking, gardening, sport looking for LTR. Text only Mailbox: 4631948

**TOBY**, 41yrs, recently divorced, now seeking different relationship, bi curious but not gay, like minded to me, any age. Text Only Box: 4125006

**DAVE** genuine guy, 6ft, black hair, blue eyes, medium build, likes sports, gardening, music, seeks female with GSOH and genuine. Tel No: 0906 515 4426 Box No: 388372

**RICHARD**, 39, tall, blue eyes, black hair, likes gardening, jigsaws, long walks, animals, socialising, looking to meet a female for friendship initially and see where it leads to. Tel No: 0906 515 4426 Box No: 423499

**RYAN**, spontaneous, GSOH, tactile seeks pretty lady friend/LTR. Cambs area. Text only Mailbox: 4886067

**STEWART** 47, fit, muscular, looking for no strings adult fun, any age, must be discreet. Tel No: 0906 515 4426 Box No: 416279

**MALE**, 56, kind-hearted would like to meet female early or late 50s. Text only Mailbox: 4371824

**CHRISTIAN** gent, friendly and bubbly, goes to church every Sunday, hobbies include motor sports, cycling, playing snooker/darts, taking my dog for a walk, WLTW friendly and outgoing lady. Tel No: 0906 515 4426 Box No: 423279

**MALE**, 48, looking for a lady, no strings, with a lady in the same position, age unimportant. Tel No: 0906 515 4426 Box No: 421911

**MALE** wishes to meet female, early to late 50s for nights in and nights out. Tel No: 0906 515 4426 Box No: 4371824

**ROGER** young minded, 67, very adventurous, looking for a lady 40 years old upwards who is smart and would like to enjoy times with me. Text only Mailbox: 5350823

**RIITA**, seeks a genuine male for friendship, days out, she's very friendly, genuine and social, give her a call AKA. Tel No: 0906 515 4426 Box No: 422403

**IAN**, 56, kind hearted, likes anything in life, WLTW female early to late 50s. Text only Mailbox: 4371824

**WIDOWER** young outlook, genuine, caring and considerate gent, GSOH WLTW a genuine lady, similar age. Text only Mailbox: 5503258

**MICHAEL**, from Cambridge, 5ft8, looking for a lady who would like a good time. Tel No: 0906 515 4426 Box No: 422979

**BOB**, young at heart, active 66 year old widower, genuine, honest, caring and considerate gent with a GSOH, WLTW a genuine kind and caring lady, who like me would like a LTR, AKA. Tel No: 0906 515 4426 Box No: 423115

**MALE** 68, easygoing, semi retired, likes walking, cinema, eating out, driving, watching most sports, WLTW lady 55+. Text only Mailbox: 4856527

**NIGEL**, 51, married, looking for someone local, for regular fun times and a possible relationship, please get in touch. Tel No: 0906 515 4426 Box No: 422947

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**BI** male, 60, fit, slim seeks muscular male 25 to 55 Non Smoker. Text only Mailbox: 5505871

**63YR** old bi male seeks Asian male for lots of fun times. Text only Mailbox: 4172093

**MUSCULAR** bi guy, 48, seeks week day fun with a Milton Keynes guy, any age/size/colour. Cannot accommodate. AKA. Tel No: 0906 515 4426 Box No: 422697

**BI** guy looking to meet other gay/bi guy. Tel No: 0906 515 4426 Box No: 422433

**SIMON**, tall, slim, smooth, WLTW someone for fun times, so get in touch! Tel No: 0906 515 4426 Box No: 422161

I would like to meet a bi male for some good fun aged 50 plus, if interested please get in touch. Text only Mailbox: 4179998

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## A popular location for family home

RHYEN Jordan Estate Agents Milton Keynes is delighted to bring to the market this executive, four-bedroom detached family home, located within the popular Westcroft development.

There are excellent schools nearby as well as parks and local amenities such as the Westcroft District Centre and the A5, A421 and Milton Keynes and Bletchley train stations are within easy reach.

In brief this home comprises a downstairs cloakroom, lounge, study, dining hall/family room, kitchen/breakfast/family room with a separate utility room, four double bedrooms with an en-suite to the master and a family bathroom. There are front and rear gardens and a detached double garage with off-road parking in front.

For more information on this property, on the market for £589,950, call 01908 303664.

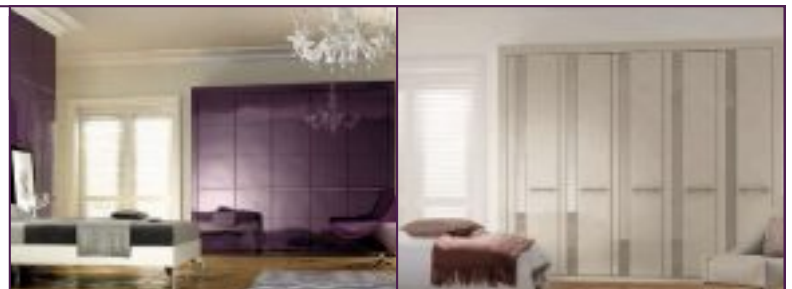


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# PROPERTY TALK



>with NIGEL LEWIS

## Lineker's old barn isn't pants

AFTER Gary Lineker's former club Leicester City won the Premier League the 55-year-old fulfilled his promise to present the first Match of the Day of the new season in just his underpants.

Critics of Lineker on Twitter wondered if the 'undies' he had promised to wear were in fact football shorts and that he only appeared in pants during the early minutes of the studio discussion, later donning more modest attire.

Lineker enjoyed an illustrious career in football before he took to television. This included stints first at Leicester City then Everton, Barcelona and Tottenham Hotspur.

Such a long and successful career also has its upsides, even if he has to flash his undies occasionally; Lineker lives in a substantial mansion in Barnes, south west London. But his taste for property was not always so upmarket.



This house near Preston in Lancashire was his home while he played at Everton during the mid-1980s. The Barn on Moss Hey Lane was a half-hour drive from Everton's then training ground in Bellefield. The property has five bedrooms, three reception rooms and views

over rolling countryside.

Agent Mair Bleas of local agent Wainright & Edwards (01772 814863) says the property is an architect-designed barn conversion and could be extended to create a granny flat. It is for sale at £599,950.

## What people think during viewings



Would this put you off? The vendor of this property decided to insert a glass wall between their bedroom and lounge.

IF YOU'RE selling your property at the moment and want to know what people are thinking as they tour your home, then research just out can hopefully give you a steer.

More than a thousand people all over the UK were asked about their attitudes and behaviour when buying a home, and several unusual regional

variations were uncovered, says agent easyProperty.com.

In the North West, one in ten house hunters put an offer in without even viewing the property while a third of West Midlands buyers fall in love with a house after only seeing its exterior.

Watch out if you're selling a home in the East Midlands,

though. The research reveals that its house hunters are the fussiest, while a third of Welsh buyers judge a property on the surrounding neighbourhood.

The keenest buyers are in the South West where one in eight make an offer before leaving a viewing, while a quarter of those in Yorkshire, Humber and the North East are unlikely to make a bid on a home for sale if they don't like the vendors.

East Anglians are the most trusting, the research shows. Only 16% of home buyers in the region bother to explore a local area or find about local crime rates before making an offer.

And predictably, London buyers are the most interiors obsessed. A third of them 'mentally redecorate' a property during the first viewing. EasyProperty also asked people what turns them off about a property the most. These include detecting a 'bad vibe', too many fast food and charity shops nearby, and too many fast food outlets in the neighbourhood.

## Wish you were here?

Pink Floyd may still be going strong after 52 years but without the talents of keyboardist Rick Wright, who died from lung cancer in 2008 aged 65, some believe the band will never be the same.

At the time of his death his fellow bandmates David Gilmour and Nick Mason paid tribute to his abilities, saying Wright's keyboard playing "was the sound that knitted it all together".

But Wright was the least known of this global super-group, whose albums such as *The Dark Side of the Moon* and *The Final Cut* are still popular today. He was studious and quiet but was also the most accomplished musician of the group and contributed both his keyboard and arranging skills for several famous Pink Floyd tracks including *Shine On You Crazy Diamond*.

Wright left the band in 1979, rejoining as a session musician in 1985 and then full time again in 1994, co-writing five songs for the album *The Division Bell*.

During his later life, after his third marriage, Wright bought a house in France where he established a recording studio where, and at the time of his death, he was working on a new solo project.

That house, in the Provencal village of Le Rouret 15 miles from Nice on the Cote d'Azur, is now for sale. It's a five-bedroom former olive press with 1.3 acres of private gardens and grounds, a pool, garage for three cars and features heavy doors, large



fireplaces and original stone work throughout.

Wright extended the house with an annexe and built a room by the pool that he used as a studio, where he recorded

his solo album *Broken China*.

"The house has welcomed many musical legends as guests over the years and it was a very special place for Wright and his family, a treasured haven with many happy memories and a place to escape the world," says Hamish Hamilton of MJQ.co.uk, which is selling the property.

"It's now time for a new owner to experience the tranquility and joy of this special place."

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## Place for a great escape

IF THE late film director and actor Richard Attenborough is remembered for one film, it may be his 1963 World War II caper *The Great Escape* in which he starred alongside Steve McQueen and a host of other Hollywood A-listers.

Set within a German PoW camp, it followed the true story of the prisoners' attempts to break out and made an international star of Attenborough.

But he clearly liked to make an escape from the movie industry too. As well as a villa in Provence he also owned Rhubodach, a 1,700-acre estate on the Scottish island of Bute which he bought in 1988 after "falling in love" with the house and land.

"My wife Sheila and I knew almost immediately that this was somewhere we wanted to live; the awesome peace and expansive beauty totally captivated us," the actor wrote in 2013.

Attenborough died in 2014 but three years before that he sold



Rhubodach for £1.48 million as the health of both he and his wife deteriorated.

The property is now up for sale again but in two lots for a total of £855,000. The first includes a two-bedroom cottage, 48 acres of woodland, three-bedroom farmhouse while the second includes a three-bedroom cottage with

views over the Kyles of Bute.

Rhubodach, which is on the north east coast of Bute, 350 metres by ferry from the mainland hamlet of Colintraive, has been run as an upmarket holiday rental business since 2011 but would also make a wonderful home, says agent Rebecca Boswell of agent Bidwells (01738 630666).

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And now his company, Soneva, is offering homes for sale at his newest resort in the Maldives, Soneva Jani.

Set to open in October this year, the properties are built out from the shore into a 3.5-mile wide lagoon of crystal clear water and will offer owners uninterrupted views of the Indian Ocean.

The new resort is on the island of Medhufaru, part of an uninhabited five-island cluster in the Noonu Atoll. The main island is fringed by pristine beaches and blanketed with lush tropical greenery.

At Soneva Jani there will be 24 water villas and one island villa, with additional villas planned at a later stage. Every water villa has a private pool and opens to its own stretch of lagoon.

One highlight of the water villas is the retractable roof (see picture) in the master bedroom, which slides back at the touch of a button so that guests can lie in bed and stargaze.

Prices start at £2.3m. More information from marco@soneva.com or call 07970 550986.

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### Local Authority Notices

#### TITLES OF INTENDED TEMPORARY TRAFFIC REGULATION ORDERS (ROAD CLOSURES):-

1) The Council of the Borough of Milton Keynes (Various Roads or Parts of Roads in Bletchley, Stantonbury and Stony Stratford) (Temporary Closure) Order 2016

#### TITLES OF MADE TEMPORARY TRAFFIC REGULATION ORDERS (ROAD, FOOTPATH & BRIDLEWAY CLOSURES):-

1) The Council of the Borough of Milton Keynes (Various Bridleways and Footpaths, Calverton) (Temporary Closure) Order 2016 (No.2)

2) The Council of the Borough of Milton Keynes (Various Roads and Parts of Roads in Woburn Sands and Wolverton) (Temporary Closure) Order 2016

3) The Council of the Borough of Milton Keynes (Tinkers Bridge Redway (part), Milton Keynes) (Temporary Redway Closure) Order 2016

4) The Council of the Borough of Milton Keynes (Various Roads or Parts of Roads in Bletchley, Fishermead, Olney, Pennyland, Stantonbury, Walnut Tree and Woburn Sands) (Temporary Closures) Order 2016

The above Orders will have the following effects:-

The following length of footpaths and bridleways will be closed from 1st September 2016 to 31st March 2017:-

- Bridleway 33, Calverton – its entire length;
- Bridleway 34, Calverton – its entire length;
- Bridleway 35, Calverton – its entire length;
- Bridleway 41, Calverton – its entire length;
- Bridleway 43, Calverton – its entire length;
- Bridleway 44, Calverton – its entire length;
- Footpath 42, Calverton – its entire length;
- Footpath 45, Calverton – its entire length;
- Footpath 46, Calverton – its entire length.

The following length of footpaths will be closed between 4th September 2016 and 4th October 2016:-

- Tinkers Bridge Redway – At its junction with the Grand Union Canal including the footbridge and 10 metres either side
- Whilst the above length of redway is closed the alternative route will be via the redway that runs adjacent to V8 Marlborough Street, the redway that runs adjacent to H8 Standing Way and the Newport Road footpath (and vice versa).

The following length of road will be closed from 5th September 2016 to 7th September 2016:-

- Stratford Road, Wolverton (its rear access road) – From its junction with Cambridge Street to its junction with Radcliffe Street (and vice versa)

Whilst the above length of road is closed the alternative route will be via Cambridge Street, Stratford Road and Radcliffe Street (and vice versa)

The following lengths of road will be closed on 7th September 2016 (for a maximum period of 4 hours):-

- Masefield Grove, Bletchley – From its junction with Buckingham Road to its junction with Cottingham Grove.

Whilst the above length of road is closed the alternative route will be via the Cottingham Grove (and vice versa)

- Cawkwell Way, Bletchley – From its junction with Oxford Street to its junction with Cambridge Street.

Whilst the above length of road is closed the alternative route will be via Oxford Street, St Martin's Street and Cambridge Street.

- Spring Lane, Olney – From its junction with Hipwell Court to its junction with A509 High Street

Whilst the above length of road is closed the alternative route will be via Spinney Hill Road and Weston Road (and vice versa).

The following length of road will be closed from 7th September 2016 to 9th September 2016:-

- Russell Street, Woburn Sands – its entire length.

Whilst the above length of road is closed the alternative route will be via A5130 Station Road and Weathercock Lane (and vice versa)

The following length of road will be closed on 8th September 2016 (for a maximum period of 4 hours):-

- Aylesbury Street, Bletchley – From its junction with Church Street to its junction with Denmark Street.

Whilst the above length of road is closed the alternative route will be via Church Street, Victoria Road and Denmark Street (and vice versa).

- Porthleven Place, Fishermead – From its junction with Gurnards Avenue to its junction with Fishermead Boulevard.

Whilst the above length of road is closed the alternative route will be via Fishermead Boulevard, Pencarrow Place and Gurnards Avenue (and vice versa).

- Penryn Avenue, Fishermead – From its junction with Pentewan Gate to its junction with Porthleven Place

Whilst the above length of road is closed the alternative route will be via Pentewan Gate, Fishermead Boulevard and Porthleven Place.

- Gurnards Avenue, Fishermead – From its junction with Pencarrow Place to its most eastern point.

Whilst the above length of road is closed the alternative route will be via Pencarrow Place, Penryn Avenue and Porthleven Place (and vice versa).

- Westfield Road, Bletchley – From its junction with Findlay Way to its junction with Knowles Green.

Whilst the above length of road is closed the alternative route will be via Findlay Way, Brooklands Road and Birchfield Grove (and vice versa).

The following length of road will be closed on 9th September 2016 (for a maximum period of 4 hours):-

- Leopard Drive, Pennyland – From its junction with Broadpiece to its junction with Quadrans Close.

Whilst the above length of road is closed the alternative route will be via Danstead Way, Overstreet and Sovereign Drive (and vice versa).

- Redbridge, Stantonbury – From its junction with Little Stanton and to its junction with Ashfield.

Whilst the above length of road is closed the alternative route will be via Ashfield, V8 Marlborough Street, Stanton Gate, Crosslands and Little Stanton (and vice versa).

- Highgate Over, Walnut Tree – From its junction with Grove Way to its junction with Pimpennell Grove.

Whilst the above length of road is closed the alternative route will be via Grove Way, Brickhill Street and Walton Road (and vice versa)

- Birdlip Lane, Walnut Tree – From its junction with Goldilocks to its junction with Highgate Over.

Whilst the above length of road is closed the alternative routes will be via Frithwood Crescent or Goldilocks and Pimpennell Grove.

- The Leys, Woburn Sands – From its junction with Bow Brickhill Road to its junction with Woodland Way

Whilst the above length of road is closed the alternative route will be via Theydon Avenue, Station Road and Hardwick Road (and vice versa).

The following length of road will be closed on 14th September 2016 (for a maximum period of 4 hours):-

- Wolverton Road, Stony Stratford – From its junction with Russell Street to its junction with St Mary's Avenue.

Whilst the above length of road is closed the alternative route for north-eastbound traffic will be via London Road and Queen Eleanor Street;

Whilst the above length of road is closed the alternative route for south-westbound traffic will be via Queen Eleanor Street, and High Street.

The following length of road will be closed on 15th September 2016 (for a maximum period of 4 hours):-

- Fern Grove, Bletchley – From its junction With Doon Way to its junction with Ennell Grove.

Whilst the above length of road is closed the alternative route will be via Drayton Road and Fern Grove (and vice versa).

The following length of road will be closed on 16th September 2016 (for a maximum period of 4 hours):-

- Stanton Gate, Stantonbury – From its junction with Crosslands to its junction with Marlborough Street.

Whilst the above length of road is closed the alternative route will be via Marlborough Street, Great Linford and Crosslands (and vice versa).

Any person committing a breach of the above temporary traffic regulation Orders will be liable upon prosecution to such fine as is prescribed by the Road Traffic Regulation Act 1984.

The above public notices can be viewed in full at: <http://www.milton-keynes.gov.uk/streets-transport-and-parking/roads-highways-and-pavements/public-notices>.

The proposed road closure and diversion routes can be viewed at [www.roadworks.org/](http://www.roadworks.org/)

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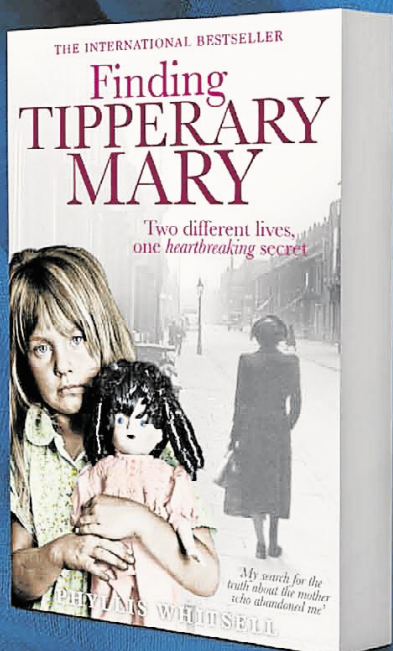
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**Fiat Panda 1.2 – as Easy as black and white. More on page 51**



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## Nissan Navara makes eco leap



**By: Ian Johnson**

THAT tough guy of the Nissan range, the Navara pick-up has become more powerful and more eco-friendly.

Already the holder of the International Pick-up Award 2016, and renowned for its tough attitude and robust performance, the entire range has now switched to a more advanced and eco-friendly Euro 6 engine.

The upgrade covers both the 190ps twin-turbo and 160ps single turbo versions of

the Navara's 2.3-litre dCi diesel engine.

It makes a significant difference to the pick-up's environmental performance – a vital consideration for buyers since it affects running costs. CO2 emissions now start from as low as 159g/km, a reduction of 8g/km on the predecessor Euro 5 engine.

It's an enhancement which makes the Nissan Navara the best in its class. Fuel consumption on the official combined cycle has improved to 46.3mpg, up by 1.4mpg.

The Nissan Navara Euro 6 also benefits from a reduction in oxides of nitrogen (NOx) thanks to the addition of a Selective Catalytic Reduction (SCR) system.

An AdBlue tank has been fitted to the Navara, with a filler flap on the opposite side of the vehicle to the diesel tank to avoid confusion. The tank can be filled from bottles or pumps, for maximum flexibility for the user. It will hold 17 litres of liquid, allowing up to 7,150 miles between refills.

Driver assistance messages relating to the AdBlue system have been integrated into the Navara's colour LCD combimeter, the central information screen set between the two main dials.

A number of other enhancements have been made to the Navara's specification including an Idle-Stop System (ISS) for reduced fuel consumption which is now standard on all manual models.

The Navara range now comes with cruise control with speed limiter, Bluetooth hands-free audio and multi-function controls on the steering wheel.

Available in Double Cab and King Cab body styles, the new Nissan Navara is a heavy duty one-tonne pick-up that's built to tackle all terrains.

Marking the Navara out from its rivals is the Double Cab's five-link coil-spring rear suspension system, which provides enhanced performance and comfort over all surfaces. The Navara also features Nissan's standard five year, 100,000 mile warranty which is fully transferrable to future owners.

The improvements to the Navara are part of Nissan's plans to fit eco-friendly systems and advanced technology to all of its models. The Navara is also available with Nissan's Around View Monitor (AVM) camera system, and with Forward Emergency Braking (FEB) – systems which have proved popular on Nissan's best-selling range of crossovers, the Juke, Qashqai and X-Trail.

**Prices for the Navara line up range from £22,995 to £31,845 including VAT.**

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## Fiat Panda 1.2 Easy

By: Ian Donaldson

MOST car reports feature photos of cars cleaned and buffed to a showroom shine. They simply look better that way, the snappers think.

Well not this time. The well used little Fiat Panda you see here in all its dusty glory, spent eight days transporting myself and the Navigator-in-Chief around northern Italy on holiday.

And it got dusty. So dusty that a glance in the rear view mirror recalled scenes of Red Indian trackers spotting the wagon train twenty miles away from its rolling dust cloud.

That was the penalty for choosing a hotel so out of the way (a little south of the delightful hilltop town of Arezzo on the Tuscan border) that was only reachable via an unpaved road passing between fields of grazing goats and tobacco, maize and sunflowers.

And the Panda's cloak of dusty anonymity didn't matter a jot, helping instead to let this modest family workhorse fit in with all the other less than pristine machines that live a life of service to millions of Italian families.

And yes, our Panda was an airport rental. Not the first car offered at the desk in Florence, where we were given the keys to a Fiat 500 and told, without a trace of irony 'it is the same size as the Panda but only has two doors.'

No it isn't. I doubt our suitcase would have fitted the 500's boot and there would certainly have been nothing like as much space to spread the inevitable detritus of 1,130 kilometers of travel. We protested and a Panda was happily discovered all prepped and ready for action.

With approaching 10,000 kms on the clock at handover, our small family Fiat felt factory fresh and looked in decent shape for a rental, with only scratches on all four wheel trims and a couple of grazes on the rear bumper - all duly noted on the rental documents.

Dipping into Italian towns built centuries ago with thoughts of castles, impregnable walls and streets wide enough for the odd peasant cart, it soon becomes obvious why you still see so many of the new Fiat 500's inspiration from the 1950s; they are simply tiny and use these hold-your-tummy-in streets as though they were main roads.

The Panda fitted pretty well too. Spacious enough for four, and with a boot to match, it never felt too big for comfort. Could have done with more power, though.

You can buy the same 1.2-litre petrol engine in your UK Panda, but I wouldn't, even at less than £10,000 for an entry level version. Go for the fresher-engined twin-cylindere 875cc model instead, with a little turbo to boost low speed punch.

It will cost you more and might not even match the 49mpg recorded on our Panda, if driven with enthusiasm, but you won't be using first gear and full throttle on properly alpine hairpins and it will pass ambling trucks on the motorway without a change down to third.

Otherwise, the Panda was a delight. It steered with pleasant precision and the leather wrapped steering wheel was a good to hold - not always the case - and it rode most of Italy's road with firm assurance.

Some of the country's non-toll dual carriageways are so dreadfully patched and potholed that nothing on wheels would smooth the way, but the Fiat did its best.

Ditto the air con, which tried valiantly to cool us when the dash showed 35C outside (that's 95F in old money) but really only coped with 25C (77F) showing. So a British summer in not going to be a problem.

Hotel note: We stayed at Le Capanne, a 17 room hotel converted a dozen years ago from a derelict farm near Arezzo ([www.hotelcapanne.net](http://www.hotelcapanne.net)) - a well priced delight.

### FAST FACTS

**Fiat Panda 1.2 Easy**

**Price:** £10,310

**Mechanical:** 68bhp, 1,242cc petrol engine driving front wheels via 5-speed manual gearbox

**Max speed:** 102mph

**0-62mph:** 14.2 seconds

**Combined mpg:** 55.4

**Insurance group:** 4

**CO2 emissions:** 119 g/km

**BiK rating:** 18%

**Warranty:** 3yrs/60,000 miles



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# ontheroad

## FORD MUSTANG TOPS SPORTS COUPE SALES BY: STEWART SMITH



THE first right hand drive Ford Mustang is proving a big hit in the UK, topping the high-performance sports coupe sales charts after just a few months on sale. Since Ford UK started taking orders last year, Mustang has topped 4,000 sales to date, with total 2016 registrations at 2,317, so far. This puts the Mustang comfortably at the top of the table against rivals, the closest being the Jaguar F-Type with 1,446 and outselling the likes of the Mercedes SL, Porsche 911 and Audi TT in the sporting coupe sector. The current split in sales across models shows that 70 per cent of customers went for the 5.0-litre V8 engine, with the remaining 30 per cent favouring the 2.3-litre EcoBoost. Total customer orders for the Ford Mustang in Europe now stand at more than 19,500 since the car was launched in the third quarter of 2015. Since June this year, all Mustang models have been fitted with a new SYNC 3 infotainment system as standard, offering a redesigned eight-inch touchscreen and faster performance, and the ability for drivers to control their connected smartphones, audio, navigation, and climate functions with more conversational voice commands.

## KIA GOES HYBRID WITH OPTIMA PHEV

BY: STEWART SMITH

HYBRIDS are all the rage at the moment and Kia has announced its first venture into the sector with the introduction of its Optima plug-in hybrid saloon with goes on sale in September. Kia says the Optima PHEV has a range of up to 33 miles in all-electric mode and is able to complete many regular urban commuter runs with no tailpipe emissions, while its CO2 figure comes in at just 37g/km.

It is powered by 154bhp 2.0-litre direct injection petrol engine with a 67bhp electric motor powered by a lithium-ion polymer battery pack and priced at £31,495 after the Government's £2,500 plug-in car grant. The power set-up is enhanced with a new package of aerodynamic, styling and technology features giving potential fuel economy of up to 176.6mpg. The most significant aerodynamic change is an active air flap grille which lowers the car's drag coefficient to 0.25 when closed. This results in excellent performance and range for a D-segment car: up to 33 miles of pure-electric driving at speeds as high as 75mph, with 0-60mph acceleration in 9.1 seconds in hybrid mode. The switch between electric and hybrid driving is seamless, while the electric motor's 205Nm of torque from standstill ensures rapid acceleration and instantaneous response to the throttle pedal. The Optima PHEV also features 17-inch alloy wheels, LED daytime running lights and headlights,



four-way powered lumbar adjustment on the driver's side, front and rear parking sensors, a reversing camera integrated into the navigation screen, dual-zone automatic air conditioning, a leather-trimmed steering wheel and gear shift, steering wheel mounted controls, all-round electric windows, cruise control with a speed limiter, remote central locking and an electronic parking brake. Already a smart looking saloon, distinguishing features of the PHEV are blue-tinted headlights and chrome enhancements with a metallic blue finish on the lower front air grille, the "tiger-nose" main grille and the side sills. There are ECOplug-in badges on the front wings, while the recharging port for the batteries is housed in the left front wing.

## CHIC DS 3 HIGH ON FLAIR BY: STEWART SMITH



THE new DS range has proved a winner as an up-market choice for people looking for a stylish, modern standout motor. And the small, three-door entry-level DS 3 Chic will be the choice of many who are tempted to opt for French flair and value for money when it comes to a new registration vehicle. The base DS 3 Chic comes with the latest 1.2-litre PureTech three-cylinder petrol engine which produces 82bhp, but that doesn't mean to say it lacks torque pulling power plus the bonus of great fuel

economy and a refined drive. Gearing comes from a slick, five-speed manual change and it is ideal for town, country and motorway trips and Citroen claim that on a combined run you should get around 62mpg from the Chic. Top speed is rated at 108mph with a 0-62mph acceleration time of 12.3 seconds and with low a low CO2 rating of just 107 g/km road tax is low. Outside features include the new DS 3 stylish front grille, slim headlights, 16-inch alloys, chrome exhaust tailpipe, chrome door handles and side rubbing strips plus 3D LED rear lights. This may be the base model but the new DS 3 Chic doesn't lack high end equipment and driving aids. It comes with air con, cruise control, variable assistance power steering, seven-inch colour touchscreen, a six-speaker RDS and DAB digital radio, remote central locking, tyre pressure monitor, alarm and immobiliser, Bluetooth hands free and media streaming with USB socket, remote central locking, driver, front passenger, front lateral and curtain airbags and many more useful and safety devices. Inside, the DS 3 Chic offers classy fittings, with a nicely detailed dashboard with glossy black plastics, polished metal highlights.

Priced from £14,340 the DS 3 Chic is great value for a classy little motor in a line up which also includes a cabriolet costing from £16,295.

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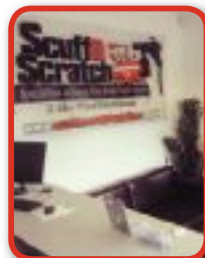
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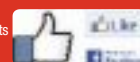
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# on the road

## NEW KIA RIO FOR PARIS MOTOR SHOW

By: Stewart Smith

THE all-new, fourth-generation Kia Rio will make its world premiere at next month's Paris Motor Show. The Rio's new exterior and interior design was led by Kia's design centres in Germany and California, in close collaboration with the company's main design centre in Namyang, Korea. Straight lines and smooth surfacing give the car a new character, while a longer front overhang and bonnet, longer wheelbase, and more upright rear pillar give the five-door car a more standout and balanced appearance than its predecessor - a rival to the likes of the Ford Fiesta. The all-new Rio comes with practical and safety technology, the latest connectivity features, and Kia says it delivers a more assured and engaging ride and handling characteristics. The Rio is the Korean manufacturer's global best-selling model, with more than 473,000 sold around the world in 2015. The next generation will enter production towards the end of 2016 for Europe, with production timings and prices for the UK to be announced closer to launch.



## NEW PICASSO PRICES ANNOUNCED BY CITROEN By: Stewart Smith



CITROEN has announced pricing for the latest edition of the popular C4 Picasso MPV line up which goes on sale on September 1.

With 19,700 C4 Picassos and 25,700 Grand C4 Picassos registered in the UK since 2013, the latest generation five-seat C4 and the larger seven-seat Grand C4 look set to build on the success associated with this class leading MPV model.

They are available in three trim levels: Touch Edition, Feel and Flair and all feature restyled fronts, new interior trims, upgraded engines and the latest generation connectivity and driver assistance technology.

Both the C4 Picasso and Grand C4 Picasso share a more dynamic front end, keeping the three-tiered light signature at the front and the daytime running lights are intensified with a chrome trim, whilst the wider, lower front bumper and gloss black central moulding gives both cars a new look up front. Other changes on the new C4 Picasso include the Mamba 17-inch diamond-finish alloy wheels standard on the Feel trim level, whilst new Grand C4 Picasso features new integrated roof bars and aluminum side profile on the Flair trim level.

From launch, two new petrol powertrains will be available,

alongside the PureTech 130 S&S six-speed manual, recently awarded the Engine of the Year title for the second consecutive year.

The PureTech 130 S&S EAT6 automatic will be available on the Feel and Flair versions, whilst the PureTech 110 S&S 6 speed manual will be available on the New C4 Picasso Touch edition. Prices for new C4 Picasso start from £19,635 and from £21,935 for the Grand C4 Picasso with the range topping out at almost £30,000 for the seven-seater with a diesel automatic powertrain - increases of between five and 10 per cent over the current models.

## VW TRANSPORTER GETS SPORTY

By: Stewart Smith

VOLKSWAGEN is set to add a new Sportline model to its best-selling Transporter T32 kombi range and the grade will be offered in Transporter panel vans from early next year.

The Sportline is based on the already generous specification of the kombi Highline model and combines sporty design features with a raft of additional equipment designed to give driver and passengers an even more comfortable and engaging ride.

The kombi Sportline rides on 18-inch bi-colour alloy wheels and comes with lowered suspension and deeper front and rear spoilers for a more dynamic look.

The exterior design also includes trapezoid styling bars with puddle lights and carbon fibre mirror caps.

Inside, the Sportline has an embossed leather trim, climatic air conditioning, heated windscreen and a touchscreen navigation system.

In addition, the first wave of kombi Sportline models will also feature front parking sensors, LED headlights and tail lights, USB input and App Connect - a system that allows owners to connect their smartphones to the infotainment system.

The first Transporter available in Sportline trim will be the T32 2.0 BITDI 180bhp kombi model equipped with VW's seven-speed DSG gearbox and is priced from £36,295 excluding VAT.



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## CRICKET

### North Crawley up to third in league after win

NORTH Crawley moved up to third in the Four Counties League.

Milton Keynes scored 123-3 in a first innings that saw just 27.3 overs, and North Crawley knocked off that total with two wickets to spare, opener Glenn Young top-scoring with 21.

Nimesh Chavda scored 20 fours on his way to 144 for Milton Keynes. A five wicket haul for Joe Fairbrother helped dismiss Olney for 131, capping a 160-run win.

Aspley Guise were comfortably beaten by league leaders Eaton Bray by 143 runs, while New Bradwell's

match against Thurleigh was abandoned.

Great Brickhill's match against Twyford and Wolverton Town's tie against Oxford Seconds were called off because of the weather.

Stony Stratford's match with Oundle Town went down as an interrupted draw.

## CLUB OF THE WEEK

### CLUB OF THE WEEK



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Mostly triathlon, but any combination of swimming, biking and running.

#### Where do you meet?

We swim at Bletchley and Flitwick pools and run at Stantonbury athletics track.

#### When do you meet?

We have squad



sessions most weekdays.

What new skills will I learn?

Lots! How to swim faster, how to swim in open water, bike handling, transition skills and lots more.

#### What is the most common mistake a newbie might make?

Doing too much too fast! A good team coach and training plan should prevent this.

What is the club's

#### biggest day of the year?

Every year we race a Triathlon Relay at Box End Park where all our athletes can race each other and have a bit of a social afterwards!

#### How much does it cost to join?

We are free to join.

#### What do I do next?

Check out [www.greenlightpt.co.uk](http://www.greenlightpt.co.uk)

## ATHLETICS



Steve Tuttle, front above, races against Elliot Hind and, inset, the contest in Rutherford's garden

# Tuttle battles to second in Tour

BY SCOTT KIRK

[scott.kirk@onemk.co.uk](mailto:scott.kirk@onemk.co.uk)

#### CHUKP Cribb won a long jumping event that took place in Greg Rutherford's long jump pit in his back garden.

The idea was to get more athletes involved in the sport in an initiative called I Am Team GB, which was launched in the wake of Team GB's medal success at the Rio Olympics and 11 Marshall Milton Keynes Athletics Club members were invited to attend.

Cribb won with a jump of 6.63m, with Ethan Wiltshire second on 5.53m narrowly edging out Jack Porteous' 5.52m, which was a PB for him.

Meanwhile, the 34th annual Tour of Milton Keynes again attracted large fields for each of the six races.

The event attracted an average of over 90 runners per race and some 72 athletes completed all six races around the city to win one of the exclusive T-shirts.

Up front there was an epic duel between MMKAC's Steve Tuttle and guest runner Elliot Hind from Leighton Buzzard AC. Hind won the opening Tattenhoe 11km race in 36.05 with Steve finishing with 36.31. Next day to Pottersbury for a tough five-mile cross-country including three crossings of a brook. After Hind led early on, Tuttle came through strongly to win. Day Three was a mile track

race at Stantonbury where Hind won, before he repeated the trick in the Campbell Park race. The penultimate race, a two miler in Brickhill Woods saw Tuttle start 15 seconds in arrears but finish six seconds behind his rival. At the weekend came the final 10km race embracing Willen Lake, starting and finishing at Woughton Pavilion. Here Steve turned the tables winning in 33.38 but he only reduced the deficit to 14-seconds. Hind therefore won overall with a time of 136.15 and Tuttle runner-up recording 136.29.

Ross Langley from Tring AC placed third (152.32) while 2014 winner Mark Palser closed in fifth (155.53).

There was a similar result in the ladies race as guest runner Ella Townsend won by just over two minutes from MMKAC's Helena De Villiers.

Day one saw them just over two minutes apart. Day two at Pottersbury produced an emphatic victory for De Villiers recording 34.31 and a change in the leadership to Helena. She then took a few more seconds in the mile race; 5.46 against 5.51. Townsend at Campbell Park regained the lead. They finished close together in the hill race but Ella had extended her lead to 23 seconds and was finally cemented at Woughton for an overall time of 175.51 with Helena finishing with 178.04. Martinha Royles (MMKAC) placed third lady totalling 186.48.

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# Sport

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## ICE HOCKEY

# Double disappointment for Lightning in Tigers games

BY PAUL BROOKMAN  
editor@onemk.co.uk

**MK LIGHTNING'S** first games of pre-season ended in double disappointment with two challenge match defeats to fellow English Premier League side Telford Tigers at the weekend.

Lightning, who will move up to the Elite League next year, went down 4-2 at MK Arena on Saturday and then suffered a resounding 6-1 loss the following day.

Saturday's game marked the debuts for the club of new Polish imports, netminder Prezmy Odrobny and forward Mikolaj Lopuski, plus Craig Scott – son of former MK Kings legend Paddy – along with Milan Baranyk and Sam Jones. Returning Tom Carlon was ruled out following recent shoulder surgery.

However it was youngster Jones who shone with an assured performance on the blue line to pick up the man of the match award.

The difference between Lightning and Tigers was almost certainly the fact that the Telford outfit had already trained together several times while the hosts had only had a couple of hours together on the ice. Odrobny and Lopuski had not even met their fellow teammates until the day, having flown into the country six hours before face off.

After the game they flew back to Poland to join the national team who play Olympic qualifiers in Belarus this week – thus missing Sunday's



Lightning downed: Telford Tigers beat MK Lightning in both matches this weekend

Picture by Tony Sargent

return encounter in Telford. They will also miss next weekend's Ashes Trophy matches against Peterborough Phantoms.

On Saturday Telford opened the scoring after a minute as Odrobny was unable to get a grip on a Warren Tait shot which just went over the line.

Lightning equalised when Jordan Cownie fed the advancing Jones on the right. His long range powerblast

rebounded off netminder Sam Gospel only for Blaz Emersic to finish off after seven minutes. Baranyk put Lightning 2-1 up but then Tigers scored three times without reply.

The next day the returning Jordan Hedley took over from Odrobny between the pipes and he was soon picking the puck out of the net when Tigers scored after a minute. After Telford doubled their lead Frankie

Bakrluk pulled one back but that was as good as it got for the visitors.

This weekend it is the pre-season Ashes games between Peterborough Phantoms. Face off for the home game with Peterborough on Saturday is at 7pm – the return at Bretton starting at 5.30pm the next day. The fixtures are keenly awaited by many fans of both teams, with both legs expected to be well attended.

## GREYHOUND RACING

### Towcester is ready for tie

THERE have been no finer moments in the brief history of greyhound racing at Towcester than when Lord Hesketh held aloft the BAGS Track Championship Trophy in 2015. Now the course will defend its crown in the competition that pits the fastest dogs from the leading greyhound stadiums in the country against each other in a Champions League football-style knockout format.

Towcester has its event on Friday, September 9 and the competition will culminate with a Grand Finals day at a neutral venue in December.

## FOOTBALL

### Pure Nirvana for Leicester

NEWPORT Pagnell Town lost in the United Counties Premier League Cup to Leicester Nirvana 2-1. Last Tuesday Town drew 0-0 with Northampton ON Chenecks.

In Division One, Olney Town beat Melton Town 4-1. They lost 1-0 to Potton United last Tuesday night.

In the Spartan South Midlands Division Two, New Bradwell St Peter won 3-0 at Old Bradwell United. Unite MK beat Enfield Borough 3-2 while Loughton Manor won 4-1 against Grendon Rangers. MK Gallacticos drew 1-1 at Mursley United.

## FIXTURES

**SUN NORTHAMPTON (A) AT NOON**  
**SEP 10 BOLTON (A)**  
**SEP 17 OXFORD (H)**  
**SEP 24 FLEETWOOD (A)**  
**SEP 27 BURY (H)**

## LEAGUE ONE TABLE

Team	P	H	A	W	D	L	F	A	W	D	L	F	A	GD	PTS
1 Bolton	5	2	0	0	3	1	2	1	0	5	3	4	13		
2 Bradford City	5	1	2	0	4	2	2	0	0	3	1	4	11		
3 Scunthorpe	5	2	0	0	8	1	1	1	1	5	6	10			
4 Port Vale	5	3	0	0	6	1	0	1	0	1	4	10			
5 Millwall	5	2	0	0	5	1	1	1	1	6	8	2			
6 Gillingham	5	1	1	0	3	2	2	0	1	6	8	-1			
7 Peterborough	5	1	0	1	5	2	2	0	1	6	4	5			
8 Fleetwood	5	1	1	0	4	2	1	1	1	4	3	3			
9 Charlton	5	1	2	0	5	2	1	0	1	2	3	2			
10 Chesterfield	5	2	0	1	6	4	0	1	1	2	3	1			
11 Swindon	4	2	0	0	2	0	0	1	1	2	4	0			
12 DONKS	5	0	1	2	3	6	2	0	0	2	0	-1			
13 Oldham	5	0	2	0	0	0	1	1	1	2	4	-2			
14 Bury	5	1	0	1	2	1	0	2	1	4	5	0			
15 Northampton	5	0	2	0	1	1	0	3	0	2	2	0			
16 Walsall	5	1	1	1	7	6	0	1	1	0	2	-1			
17 Bristol	4	1	0	1	3	3	0	1	1	2	4	-2			
18 Oxford	5	1	1	0	3	2	0	0	0	3	2	-3			
19 Southend	5	0	1	2	2	6	1	0	1	3	2	-3			
20 Sheffield	5	1	1	1	3	5	0	0	1	0	3	-4			
21 Shrewsbury	5	1	0	2	4	5	0	1	2	1	3	-4			
22 Coventry	5	0	3	0	1	1	0	0	2	1	4	-3			
23 Rochdale	5	0	1	2	3	5	0	1	1	1	2	-3			
24 AFC	5	0	0	2	2	4	0	2	1	2	4	-4			

## FORMULA ONE

### Verstappen defends tactics after criticism

MAX Verstappen has rejected criticism from Ferrari driver Kimi Raikkonen that he should change his tactics following the first corner crash at the Belgian Grand Prix on Sunday.

Raikkonen told the BBC that he felt the Dutch Red Bull driver would cause a big crash at some stage because of his late braking.

But Verstappen disagreed with the Finn and said the two Ferraris of Raikkonen and Sebastian Vettel had sandwiched him on the first corner of the race. "I didn't start as well as I wanted but I got up the inside for the first corner then got squeezed by the two Ferraris."

"In the contact my front wing and the floor got destroyed so then the car was very difficult to drive and the race was gone."

"Still, I tried my best to come back especially for all the people



Podium: Red Bull's Daniel Ricciardo celebrates his second place finish at the Belgian Grand Prix

who were cheering me on in the stands, but unfortunately I didn't get in the points."

There was better news for teammate Daniel Ricciardo though, who finished second in the race behind Mercedes' Nico Rosberg, with Lewis Hamilton remarkably coming from the back of the grid to come home third.

"I knew a podium was on," said

the Aussie. "Of course you can never guarantee, but I knew if we had the pace that we did on Friday, that we would be able to get there."

"With Lewis starting at the back it was an opportunity to get at least a second place, and we got that. A win is always the big target, but Nico had the pace that we expected, so second is the best we could have done."

Red Bull team principal Christian Horner said: "To finish second, at the type of venue that we weren't expecting to be our strongest, is an amazing result. "Having extended our lead over Ferrari is more than we could have envisaged."

It is a quick turnaround for the Red Bull drivers as the Italian Grand Prix takes place on Sunday.

First with the match report [www.onemk.co.uk](http://www.onemk.co.uk) after the final whistle





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Disappointing: Dons  
played poorly against  
Peterborough United

Pic by Andy Handley



# Home form needs to turn around as Posh beat Dons

BY SCOTT KIRK  
scott.kirk@onemk.co.uk

**DONS manager Karl Robinson and midfielder Dean Bowditch believe that the team is suffering from a flatness when they're performing at stadiummk.**

Before Dons' Checkatrade Trophy tie with Barnet last night, they had drawn one and lost two of their home games, and both Robinson and Bowditch feel it is integral for the team to turn that form around as soon as possible.

Dons were poor in their 2-0 defeat to Peterborough United and Robinson admitted the performance wasn't a good one.

"I don't think we've been outplayed but other teams make us defend and we play wonderful stuff getting to the final third but we don't make the fullbacks or centre backs defend.

"We're not making things count at the moment and we're getting to the penalty area but we're nowhere near ruthless enough.

"The delivery has been atrocious but we were poor in the wide areas

and obviously Nicky [Maynard] is going through a bad time.

"Playing at home isn't overly great at the moment and there's a flatness which we need to eradicate."

Bowditch added: "We can't keep conceding the first goal and we've done it three times at home now.

"At the moment the whole team just aren't doing good enough and we're just struggling.

"We keep conceding first and putting ourselves in a bad situation and we're struggling to get back into it."

The team were roundly booed for

the 2-0 defeat to Peterborough United and Bowditch said the players were just as frustrated.

He added: "We're just as frustrated as them and we've got to keep the spirits high and gee each other up as much as we can.

The transfer window is due to close at 11.30pm tonight, with Robinson hoping to bring in some attacking players.

Next up for Dons is a trip to Northampton Town on Sunday, which will be broadcast on Sky Sports. Kick off is at noon.

## Nash recovers from crash to lead TCR series

NEWPORT Pagnell touring car ace James Nash is at the top of the TCR International Series having picked up a victory and a second place in two races at the Chang International Circuit in northern Thailand on Sunday.

Nash was extremely lucky to be racing at all after escaping serious injury in a 220kph smash in testing on Friday at the circuit that left his Craft-Bamboo Racing SEAT Leon looking decidedly second-hand.

Indeed on Friday evening the chances of the car being repaired in time even for racing on Sunday let alone qualifying the following day were given only as 50-50.

It was thanks only to an all-nighter by the Craft-Bamboo team the car did make it into qualifying where Nash proved to be sixth fastest overall.

Nash made storming starts in both races, moving up to third place in each by the first corner.

In the opening race third became second after he slipped past the Honda of former Grand Prix driver, Gianni Morbidelli, with five laps to go. But there was nothing much he could do about his teammate Pepe Oriola who had got away and so he settled for second.

Following a safety car early into race two Nash showed his class again in two superb moves to take second and then the lead from Mikhail Grachev. He then drove off into the distance to beat Grachev to the flag by 7.3 seconds.

He left Thailand as championship leader by seven points from Oriola and by 10 from reigning champion Stefano Comini.

Nash said: "It was a very good weekend for me, especially after the big accident on Friday. I would like thank my team. I'm so happy for all the guys.

"I really didn't think we'd be back out after the crash but what they've been able to achieve has been incredible."



# MK DONS v OXFORD UNITED



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### Canapés

Tempura Battered Prawns with Lime, Lemongrass and Sweet Chilli Jam  
Brie and Cranberry Filo Purse  
Cherry Tomato and Baby Mozzarella Skewers with Fresh Basil  
Mini Rosemary Chicken and Pancetta Croustade

### Starter

Warm Roasted Butternut Squash, Caramelised Onion and Thyme Tart, Wild Rocket and a Sun Drenched Pepper and Mozzarella Salad with a Sweet Shallot Dressing

### Main Courses

Rosemary Grilled Breast of Chicken, Roasted Winter Vegetables and Fine Green Beans, Potato Gratin and a Mulled Cider Jus

Spinach and Ricotta Tortellini Tossed in a Roasted Red Pepper Passata with Fresh Basil Pesto, Shaved Italian Hard Cheese, Roasted Winter Vegetables and Green Beans (v)

### Dessert

White Chocolate and Cranberry Blondie, Clementine Crumble Syllabub and a Warm Sugared Chocolate Doughnut

### Cheese

British and Continental Cheese Buffet with Celery and Grapes from an ongoing station

### Coffee and Tea

Fair Trade Coffee, Tea and Tisanes from an ongoing station

### Survivors' Breakfast

Brioche Baps of Grilled Bacon or Vegetarian Sausage

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**See inside front cover for available dates and prices**



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